

JANUARY
2011

YLF NEWS



Face Your Passion in 2011!

In 2011, a year long journey of change begins...and it begins with you. Do you ever ask yourself how are things going in your life? Do you like where it is, where it's going? If you continue what you're doing, will you be happy with it in 5 years? What about 10 years or even 20 years? I usually check in with myself every week or so, asking those questions. My answers to these questions helps me get or stay on track with my passion...

If you're not sure what your passion is, ask yourself what your dream is. Yes, I said dream! What is it that you LOVE to do? What is it that really sets you on fire? What makes you smile? What sparks your creativity? What would you do for free? What do you like to talk about?

At the beginning of the 2011 calendar there are 5 steps for you to get started on setting goals. I wouldn't say it if it weren't true — **GOAL SETTING WORKS!** It's your road map to get you what you want!

See the example of using the steps from your calendar to set goals.

Remember, once you achieve one dream, REPEAT the steps!

MY DREAM: I want to be a photographer.

WHY I WANT IT: I enjoy taking pictures.

STEPS TO MY DREAM:

1. Talk to a photographer.
2. Contact a Counselor at a Career Tech center or an Advisor at a College.
3. Enroll in classes.
4. Purchase a camera.

PEOPLE WHO CAN HELP ME: local photographer, friends, family, counselor or advisor, DRS

THINGS I NEED:
Camera, tripod,
transportation

HOW I WILL FEEL WHEN THIS IS DONE:
I will be happy. I will take myself to my favorite restaurant and order what I wish when I graduate.