



**Eastern Oklahoma Development District**

*Serving Cities, Towns & Counties in: Adair, Cherokee, McIntosh,  
Muskogee, Okmulgee, Sequoyah & Wagoner*

## *Area Agency on Aging*

**2010 – 2012**



President Lyndon B. Johnson signing the Medicare Bill on  
July 30, 1965. Former President Harry Truman receives  
first Medicare card.

# **Resource Directory**

**For our**

*Older Consumers and Caregivers*

The EODD Area Agency on Aging  
wants you to know about services to the 60+ population in your area.

**CALL YOUR  
AREA AGENCY ON AGING  
FOR  
INFORMATION & ASSISTANCE**

Information and assistance to service providers and  
benefits for the 60+ population

**OR FOR AN  
OMBUDSMAN SUPERVISOR**

Advocates for senior residents of nursing homes, assisted living or residential  
care facilities, assisting with complaints from residents,  
friends or relatives.

**OR FOR  
CAREGIVER SERVICES**

Provides respite vouchers, training, support groups, assistance with  
access to additional services. Open for person caring for someone 60+ or someone  
who is 55+ raising a relative child under age 18.

**CALL  
(918) 682-7891  
or  
SENIOR INFO-LINE: 1-800-211-2116  
[www.eoddok.org](http://www.eoddok.org)**

*Printing by Hoffman Printing of Muskogee*

# **THANK YOU!!!**

## **SPONSORING 2010 – 2012 ADVERTISERS**

*We would especially like to thank these advertisers who helped make this resource directory possible. Their donation(s) for ads, has helped our agency place this directory in the hands of hundreds of older adults and their families in Easter Oklahoma.*

*Ads are displayed in order as they were received.*

**Amedisys Home Health Services  
Angel Helpers Senior Care  
Angels Care Home Health  
Better Sound Hearing Aid Service  
CCOM Medical Group  
Cherokee Elder Care (PACE Program)  
Community Home Health  
Cross Communications  
Dentures & Dental Services  
Eastern OK Development District  
EODD C.H.I.P.  
Grace Medical Equipment  
Healthcare Innovations  
Horizon Hospice  
Mercy Lifeline  
O G & E  
Professional Home Hospice  
Rice Family Eye Care  
SHIP Insurance Counseling Program  
Sol Amor Hospice  
Sooner Health Services  
Sooner Management  
The Eye Center  
Traditions Home Care, Inc.**



# **INTRODUCTION**

**Eastern Oklahoma Development District**

**AREA AGENCY ON AGING**

**RESOURCE DIRECTORY**

**2010 – 2012**

This resource directory has been collected and published for the 60+ population of the EODD AAA service area: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner Counties.

EODD AAA published this directory as authorized by Title III of the Federal Older Americans Act and Aging Services Division of the OK Department of Human Services. In compliance with the 1964 Civil Rights Act, no person shall be excluded from participation, denied benefits or subjected to discrimination on the basis of race, color, sex, age, national origin or handicap. EODD is an equal opportunity employer.

The information assembled here has been gathered from a variety of sources and may contain errors or omissions. EODD AAA apologizes in advance for these mishaps. If you find any mistakes or omissions, please contact EODD AAA at (918) 682-7891 or 1-800-211-2116 and we will correct or add other resources for our next publication. EODD AAA would like to take this time to thank everyone that contributed to the creation of this resource directory.

This directory is provided as a communication tool to benefit those 60+ in EODD AAA's service area and in some way help them to maintain an independent lifestyle as long as possible. We hope this resource directory will help to improve the quality of life for all older adults.

***NOTE: Ads & listings in this resource directory does not constitute an endorsement by EODD. Ads are listed in order they were received.***



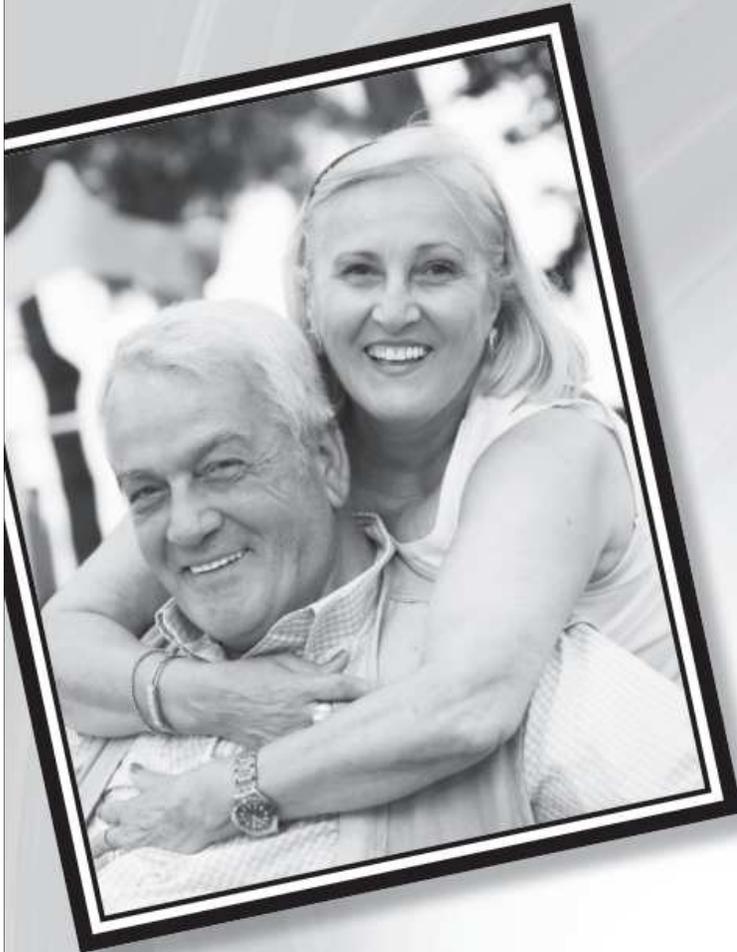
# *Did you know...*

that **MEDICARE** will cover  
your home health visits  
**100%?**

**ANGELS CARE HOME HEALTH** provides  
skilled nursing and therapy services  
to you in the comfort of your home.

Call us today to learn more about our  
**Disease Management Programs**  
that include:

- Alzheimer's
- Diabetes
- COPD
- CHF
- Hypertension
- Falls Prevention
- Parkinsons
- Stroke/TBI



**We also provide the following  
additional services:**

Wound Care • Wound Vac • Infusion Therapy  
Physical, Speech & Occupational Therapies  
Home Health Aides • Medical Social Workers  
Complimentary Educational Group Seminars

**Angels**  
Care Home Health

## **Muskogee**

P: (918) 681-4303  
F: (918) 681-4483

## **Tahlequah**

P: (918) 207-0082  
F: (918) 207-0085

## **Broken Arrow**

P: (918) 251-0952  
F: (918) 251-0954

## **Pryor**

P: (918) 825-3444  
F: (918) 825-4407

# SOONER MANAGEMENT

## Senior Retirement Communities

Autumn Park  
Bixby  
(918) 369-8888

Cardinal Heights  
Collinsville  
(918) 371-9116

Carriage Crossing  
Coweta  
(918) 486-4460

Cornerstone Village  
Tulsa  
(918) 835-1300

Country Oaks  
Tulsa  
(918) 446-3400

Hickory Crossings  
Sapulpa  
(918) 224-5116

Jay Senior Housing  
Jay  
(918) 253-8100

Park Village  
Tulsa  
(918) 834-6400

Pioneer Village  
Jenks  
(918) 298-2992

Redbud Village  
Glenpool  
(918) 485-8094

Stilwell Senior Housing  
Stilwell  
(918) 696-3050

Vandever House  
Broken Arrow  
(918) 451-3100

West Oak Village  
Skiatook  
(918) 396-9009

Wisdom Keepers  
Tahlequah  
(918) 453-9900

Yorkshire Village  
Wagoner  
(918) 485-8094

### Senior Duplexes

Autumn Villa  
Bixby  
(918) 369-8888

Cardinal Villa  
Collinsville  
(918) 371-9116

Hickory Villa  
Sapulpa  
(918) 224-5116

Pioneer Villa  
Jenks  
(918) 298-2992

Yorkshire Villa  
Wagoner  
(918) 485-8094



### SINGLE FAMILY HOMES

Northview Estates  
Vian  
(918) 773-3038



***For Information Call: (918) 485-8885***

# RICE FAMILY EYE CARE



**SHELLY D. RICE, O.D.**  
DOCTOR OF OPTOMETRY  
512 E. Cherokee Street  
Wagoner, OK 74467  
**(918) 485-4775**



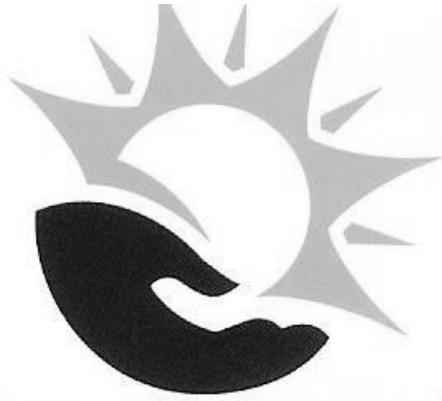
"At the heart of hospice is the belief that each of us has the right to pass from this earth with dignity, respect and free of pain."

---

Our goal is to value the tender, end of life moments by keeping our patients pain free in a secure and familiar surrounding with those who matter most...family and friends.

For more information please call:  
1-877-828-9567 or 1-800-976-8815

**Formerly Trinity Hospice**



*Sol Amor*

H O S P I C E

*Caring is the Key in Life*

*Common conditions appropriate for hospice care may include, but are not limited to, the following:*

- adult failure to thrive
- cancer
- pulmonary disease
- heart disease
- HIV/AIDS
- stroke
- Lou Gerhrig's Disease
- renal failure
- liver disease
- Alzheimer's disease/dementia

*Physicians and medical staff are on-call 24 hours a day 7 days a week.*

**(918) 686-6899**

[www.solamorhospice.com](http://www.solamorhospice.com)



*We've got fans.*

Clean

Renewable

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is a breeze.

Visit  
[www.oge.com](http://www.oge.com)

**OG&E** *Wind Power*



*"Medical Equipment Provided Gracefully"*

# Grace

## *Medical Equipment*

Grace Medical Equipment is your full line home medical equipment supplier. Locally owned and operated in Tahlequah, OK and servicing all of the eastern state.



- **Mobility Products**

- Canes
- Crutches
- Walkers
- Manual Wheelchairs
- Power Wheelchairs & Scooters

- **Respiratory Products**

- Nebulizers
- Oxygen
- C-pap / Bi-Pap

- **Patient Safety Products**

- Hospital Beds
- Trapeze Bar / Patient Lifts
- Bathroom Safety
- Daily Living Aids

- **Incontinence Supplies**

- Protective Underwear / Briefs
- Under-pads
- Protective Pads & Liners

- **Diabetic Supplies**

- **Nutritional Supplements**



### **Grace Medical Equipment**

905-A South Muskogee  
Tahlequah, ok 74464

**Phone:** 918-453-9600  
**Toll Free:** 877(GRACEME)  
877-472-2363  
**Fax:** 918-453-9601

---

**Grace Medical Equipment** is a  
Certified **ADVANTAGE** Provide.  
*ADvantage*

---

**Grace Medical Equipment** is  
accredited by the Accreditation  
Commission for HealthCare.



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**Grace Medical Equipment** is a  
TERO vendor within Cherokee  
Nation.





**We provide:**

- ◇ Physical Therapy
- ◇ Home Health Aides
- ◇ Education
- ◇ Occupational Therapy
- ◇ Speech Therapy
- ◇ Skilled Nursing

*Specializing in:*

*~ Wound Care*

*~ Diabetic Care*

**We accept private insurance, Medicaid and Medicare.**

**1-800-449-2592**

Muskogee Office  
1-800-449-2592

Claremore Office  
1-877-342-3621

Eufaula Office  
1-800-253-4095



# CAREGIVERS

Are you providing care to someone 60 or older or are you a **Grandparent** at least age 60 raising a relative child? Then help is just a phone call away! Services include:



**Information about Services Available**  
**Access Assistance to those Services**  
**Support Groups/Training/Counseling**  
**\*\*Supplemental Services**  
**\*\*Respite Vouchers (Relief Care)**

**\*\*These services require you to be caring for someone 60 or older who needs supervision because of Alzheimer's or Dementia or you are helping with two or more activities of daily living such as dressing, bathing, transferring, eating, walking. (This requirement does not apply to grandparents raising relative children)**

CALL:

## **Eastern Oklahoma Development District (EODD)**

Caregiver Help & Information Program (C.H.I.P)

1012 N 38<sup>th</sup> Street,  
Muskogee, OK 74401

Website: [www.eoddok.org](http://www.eoddok.org) or email at [Caregivers@eoddok.org](mailto:Caregivers@eoddok.org)

**Senior Info Line @ 1-800-211-2116 or 918-682-7891**

Services are provided to Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner Counties.



***Toll-Free Referral Line***  
**1-866-676-1589**

***CLINICAL SERVICES***

- Cardiac Care*
- Cardio-Pulmonary Services*
- Diabetic Care*
- Disease Education*
- Enteral Education*
- Enteral Therapy*
- I.V. Fusion Therapy*
- Medication Evaluation & Management*
- Ostomy Care*
- Psychiatric Nursing*
- Rehabilitative Care*
- Wound Care Management*

***PROFESSIONAL SERVICES***

- Skilled Nursing*
- Physical Therapy*
- Speech Therapy*
- Occupational Therapy*
- Medical Social Worker*
- Certified Home Health Aides*
- On-call 24 hours day nurses*

**Providing High-Quality Cost-Effective  
Home-Based Health Care**

Sooner Health Services is a Medicare-Certified, state licensed home health agency providing professional home health care

**EASTERN OKLAHOMA Muskogee**  
**(918) 686-5242 ~ Toll-Free 1-877-686-5242**



**CCOM Medical Group**  
Cardiology Clinic of Muskogee, Inc.

350 South 40th Street, Muskogee, OK 74401  
(918) 683-0753  
111 Oak Street, Eufaula, OK 74432  
(918) 689-4444

*When an illness or injury happens unexpectedly*

*be assured that we are available to help you*

# ***Walk-in Clinic***

***No appointment necessary or call for  
Same Day Appointment  
Monday - Friday 7:30 am to 5:00 pm***

***Multiple Specialty Services Available  
for New & Existing Patients***

***Family Medicine, Internal Medicine, Pediatrics,  
Endocrinology, Nephrology, Cardiology,  
Nuclear Medicine, Hematology / Oncology***

## **ONSITE - DIAGNOSTIC TESTING & EDUCATION SERVICES**

Diabetic Education Classes \* Cardiac Rehabilitation  
Laboratory \* Radiology \* Bone Densitometry \* EKG  
Cardiac Testing \* General Nuclear Imaging \* Cardiac Nuclear Imaging / Stress Testing  
EECP \* Stress Testing \* Echocardiography \* Carotid Ultrasound  
Pulmonary Function Testing \* Pacemaker Checks \* Coumadin Checks

### ***MOST INSURANCE ACCEPTED INCLUDING***

Medicare, Medicaid, Blue Cross Blue Shield, United Healthcare,  
Community Choice, Humana, TRICARE, AETNA, CIGNA, OSMA, and many others



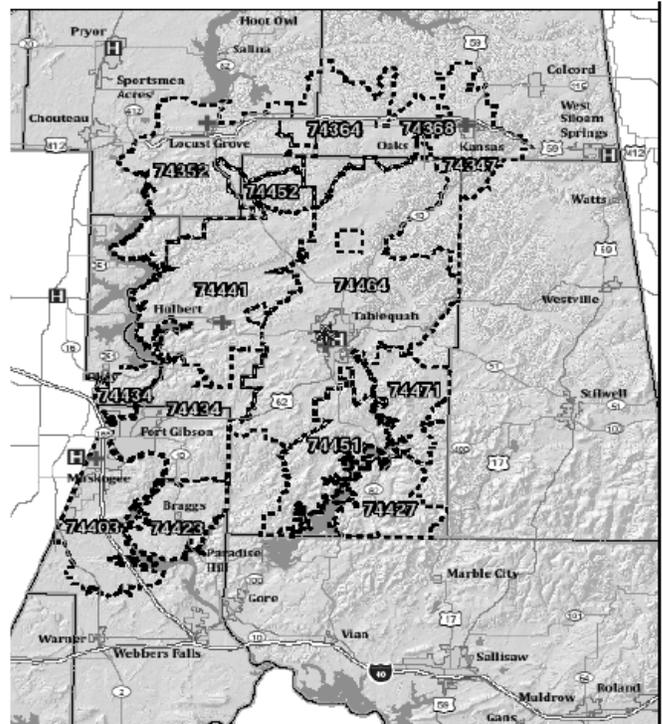
Dr. Young & Mrs. Shepherd discussing her medical plan.

# Qualifications

- ◆ Be at least 55 years old
- ◆ In need of some level of nursing home care
- ◆ Be able to live safely at home
- ◆ Live within the service area

## Cherokee Elder Care Service Area

Cherokee Elder Care center in Tahlequah serves persons living in the following zip codes: 74347, 74352, 74364, 74368, 74423, 74403, 74464, 74471, 74452, 74427, 74451, 74434 and 74441.



# Services

- ◆ Primary Medical and Nursing Care
- ◆ Medicine
- ◆ Physical, Occupational, and Speech Therapy
- ◆ Nutrition Counseling
- ◆ Home Health Services
- ◆ Social Activities
- ◆ Transportation
- ◆ Laboratory Services
- ◆ Social Services
- ◆ Medical Equipment
- ◆ Hospitalization
- ◆ Medical Specialists
- ◆ Adult Day Health Care

## Cherokee Elder Care

a community PACE program

1387 W 4th St.  
Tahlequah, OK 74464

Phone: 918-453-5554  
Fax: 918-431-4112

E-mail: [eldercare@cherokee.org](mailto:eldercare@cherokee.org)  
Website: <http://eldercare.cherokee.org>



# *Angel Helpers*

## *Senior Care*

*-Non-Medical-  
-Private Duty-*

*Helping Seniors Stay Independent Longer*

Services Offered:

Transportation  
Sitter Companion  
Personal Shopper  
Housekeeping  
Personal Care  
Respite Services



Let Angel Helpers make those frustrating phone calls for you, write out bills, run errands, pickup your groceries and more.

*Angel Helpers is a non-medical private duty company that can help with those every day tasks in the home.*

Services start at \$14.98 hr. / 3 hr. minimum  
24 hour services available

# **(918) 351-8652**

Private Pay, LTC Insurance & OK Respite Voucher accepted



# Dentures & Dental Services

Thomas John Kennedy Of Oklahoma DDS, P.C.

Dr. B. Williams, Dr. L. Richardson & Dr. J. Sadighrad

General Dentistry

Lumineers, Invisalign Braces, CEREC Crowns and more...



**BEFORE**

*Silver-Mercury Fillings*

Single Visit  
Restorations

## CEREC

CAD/CAM (Computer Aided  
Design & Manufacturing)



**AFTER**

*CEREC Ceramic Bonded Fillings*

## DENTURE & IMPLANT

Consultations At No Charge (Does Not Include X-Rays)

INSURANCE ACCEPTED  
FINANCING AVAILABLE



# 918-473-3700

Toll Free

# 1-877-473-3700

Hwy. 266 W. Checotah, OK • (Across From Wal-Mart)



# DENTURES

- Having Problems With Your Dentures?
- Unable To Eat What You Want?
- Dentures shift, tilt and wander?

**ONE DAY SERVICE  
AVAILABLE**

## WE HAVE THE SOLUTION

MDI Mini-Implant System, Call for Details!



## MERCY LIFELINE

*Personal Emergency Response Systems*  
(Medical Alarms)

**1-888-218-5100**

5401 Ellsworth ~ Fort Smith, AR 72903

## THE EYE CENTER



*Eyecare excellence...  
compassionate care!*

DR. JAMES A. WARD & DR. DAVID K. HALL

- Providers for Medicare, Medicaid & most major medical plans
- We accept Visa, Master Card & Discover
- Comprehensive eye exams for the entire family
- Pre and Post Operative care for cataracts & laser vision correction
- Diagnosis & treatment of eye diseases including glaucoma, cataracts, diabetic retinopathy and macular degeneration

### **The Eye Center—Okmulgee**

300 Creek Place  
PO Box 520  
Okmulgee, OK 74447  
**918.756.0316**

### **The Eye Center—South Tulsa**

12345 S. Memorial Drive  
Suites 118-119  
Bixby, Oklahoma 74008  
**918.369.EYES (3937)**



# PROFESSIONAL HOME HOSPICE

## WE STRIVE TO PROVIDE...

- Quality care with Sensitivity, Dignity, and Support.
- Expert Pain and Symptom Management.
- To be Available to our Patients and their Families during the most Crucial Time of their Illness
- A Kind and Compassionate Staff

## SCOPE OF CARE...

- Available 24 hours a day, 7 days a week for on-call Care and Support
- Medications for Pain Management and Symptom Control
- Continuous Care During Periods of Crisis
- Medical Equipment and Supplies at no cost

***Proudly Serving All of Eastern Oklahoma***

***With offices located in:***

Sallisaw

Muskogee

Poteau

(918)775-9500

(918)683-9400

(918)649-1378

**Referral Line: 1-877-775-9505**

**SPECIAL KIND OF CARE**

*when it matters most.*



**HealthCare**  
INNOVATIONS  
Private Services

# Healthcare Innovations

## Private Services

### *Advantage Services...*

- Assistance with Bathing, Grooming, & Dressing
- Medication Reminder Assistance
- Meal Preparation & Assistance with Eating
- Light Housekeeping Chores
- Errands Specific for the Customer
- Case Management/Skilled Nursing

### *Making a Referral...*

Anyone can make a referral including an individual, family member or a physician. The individual's name, address and SoonerCare/Medicaid number will need to be provided.

### **Contact Information:**

- E-Mail: [kathy.parris@hcips.com](mailto:kathy.parris@hcips.com)
- Mail To: 1320 North Mill, Suite 118  
Muskogee, OK 74403
- Toll Free: 1-877-682-6918
- Fax: (918) 683-5451
- Ask for Kathy

### *VA Homemaker*

### *& Respite Program*

Healthcare Innovations is dedicated to providing home healthcare your way. We can help in so many ways that will assist you in everyday life.

### *Some services we provide:*

- Personal Care & Laundry
- Meal Preparation
- Light Housekeeping
- Shopping & Errands
- Respite Program to assist families with Caring for their loved ones

### *Living Choice Project*

THE OKLAHOMA LIVING CHOICE

PROJECT is designed to help

Oklahomans with a physical disability, mental disability or long-term illness transition out of nursing homes & into a community.

*A New Approach to Home Health*

# Home Health Care

It's at the heart of  
what we do.

Amedisys Home Health Care offers patients the choices necessary to maintain and even improve their quality of life—at home, where they feel most comfortable and recover more quickly. Our range of patient services includes: Skilled Nursing; Home Health Aides; Medical Social Workers; Physical, Occupational and Speech Therapy; and Disease Management Programs.

## **Amedisys Home Health Care**

*Locations in Stilwell, Gore, Claremore, Grove,  
Seminole and McAlester*

800.510.6676

**Amedisys**  
Home Health Services

[www.amedisys.com](http://www.amedisys.com)



# Have you heard? Cross offers local phone service, starting at only one dollar!

If you participate in one of the following programs, then you automatically qualify for Lifeline's one dollar phone service from Cross.

- ☑ **Medicaid**
- ☑ **Food Stamps**
- ☑ **Federal Public Housing**
- ☑ **Energy Assistance Program**
- ☑ **SSI**
- ☑ **TANF recipients  
and many more**

Call us at (918) 463-2921  
or stop by our offices in  
Warner and we'll help you  
start saving today!

*Now available from*



**(918) 463-2921**

**704 3rd Ave., Warner Ok  
www.crosstel.net**

Not available in all areas. Please call or see store for details.

# BETTER SOUND

## *HEARING AID*

### *SERVICE*



**Steve Dyke, NBC-HIS**  
**Michi Dyke, RN**



#### **BETTER PRODUCTS**

We carry industry leading technologies.

#### **BETTER PRICES**

Our program saves you hundreds off manufacturer suggested prices.

#### **BETTER SERVICE**

Lifetime cleaning & adjustments.  
We're here to help you.

### **We Specialize in BETTER Fittings**

**IN HOME SERVICE  
AVAILABLE**

◆  
**INSURANCE  
ACCEPTED**

◆  
**FINANCING  
AVAILABLE**

**MUSKOGEE OFFICE**

**#1 VOTED  
HEARING AID  
SERVICE  
6 YEARS  
IN A ROW**

**SATISFACTION  
GUARANTEED!**

◆  
Ask about our  
**30-DAY Evaluation  
Period** on all hearing  
aids.

*Same Day Service*  
*Walk-Ins Welcome*

**LOCALLY OWNED & OPERATED COMPANY**  
**20 YEARS SAME LOCATION**

1601 W. Okmulgee Ave. ◆ Muskogee

**(918) 683-1234**

**Toll Free 1-800-941-0022**

*Over 30 Years Service*

**FREE  
HEARING  
TEST**



**Senior Health Insurance  
Counseling Program (SHIP)  
at LIFE Senior Services**

*or call*

**SENIOR INFO-Line**

**1-800-211-2116**

**(918) 664-9000**

**1-866-664-9009**

**OKLAHOMA  
INSURANCE  
DEPARTMENT**

**SMP FRAUD HELPLINE  
1-888-967-9100**

**Oklahoma City Office  
(405) 522-6270**

**Tulsa Office  
(918) 747-7700**





## EMERGENCY NUMBERS

<u>CITY</u>	<u>FIRE</u>	<u>POLICE</u>	<u>AMBULANCE</u>	<u>911</u>
Beggs	267-4935	267-4935	267-3300	Yes
Boynton	472-7272	687-1275	683-0108	
Braggs	487-5991	487-5952	683-0108	Yes
Checotah	473-5100	473-5150	473-6336	
Council Hill	474-3444	687-1275	683-0108	
Coweta	483-2222	486-2121	483-2121	Yes
Dewar	652-4302	652-4042	756-8559	Yes
Eufaula	689-2323	689-2172	689-2535	Yes
Fair Oaks	485-3124	485-3124	485-3124	Yes
Fort Gibson	478-2727	478-2610	683-0108	Yes
Gans	775-9155	775-9155	775-9155	Yes
Gore	489-5963	489-5693	683-0108	Yes
Grayson	758-1229	758-1229	758-1229	Yes
Hanna	657-2222	689-2526	689-2526	
Haskell	482-5252	482-5244	482-3222	
Henryetta	756-1313	756-3511	756-8559	Yes
Hitchita	466-3232	689-2526	689-2526	
Hoffman	758-1229	758-1229	758-1229	
Hulbert	772-2037	772-2020	456-2230	Yes
Marble City	775-9155	775-9155	775-9155	Yes
Moffett	775-9155	775-9155	775-9155	
Morris	733-2220	733-2220	773-2220	Yes
Muldrow	427-4431	427-3296	775-2937	Yes
Muskogee	682-1313	683-8000	683-0108	Yes
New Tulsa	485-3124	485-3124	485-3124	Yes
Okay	682-5512	687-6585	683-0108	Yes

## EMERGENCY NUMBERS Continued

<u>CITY</u>	<u>FIRE</u>	<u>POLICE</u>	<u>AMBULANCE</u>	<u>911</u>
Okmulgee	756-1313	756-3511	756-8559	Yes
Oktaha	689-5500	687-1275	683-0108	Yes
Paradise Hill	775-9155	775-9155	775-9155	
Porter	483-2521	483-2821	683-0108	Yes
Porum	484-5700	484-5588	683-0108	
Redbird	485-2521	485-3124	683-0108	Yes
Rentiesville	473-5100	473-4555	473-6336	
Roland	427-3252	427-3252	775-2937	Yes
Sallisaw	775-4501	775-9155	775-2937	Yes
Stidham	689-3473	689-2526	689-2553	
Stilwell	696-2311	696-2882	696-2692	Yes
Summit	687-1275	687-1275	683-0108	Yes
Taft	687-1275	687-1275	683-0108	Yes
Tahlequah	456-3131	456-8801	456-2230	Yes
Tulahassee	483-2307	485-3124	485-2100	
Vian	773-5724	773-5724	773-5724	Yes
Wagoner	485-3000	485-5511	485-2100	Yes
Wainwright	474-3300	687-1275	683-0108	Yes
Warner	463-2727	463-5342	683-0108	
Watts	422-5221		723-4360	
Webbers Falls	464-7700	687-1275	683-0108	
Westville	723-5832	723-5101	723-4737	
Winchester	758-1229	758-1229	758-1229	Yes

Forest Fires-----1-800-299-3473

## INDEX

### A

ABUSE (Elder)

*See also Department of Human Services & Legal Services*

ADVOCACY

*See also Consumer Help & Legal Services*

AGING SERVICES

ALZHEIMER'S / DEMENTIA

*See also Caregivers, Consumer Help, Respite, Support Groups*

APARTMENTS---*See Assisted Living & Housing*

AREA AGENCIES ON AGING

EODD Area Agency on Aging

ASSISTED LIVING

*See also Housing, Nursing Homes & Residential Care Homes*

ASSISTIVE DEVICES

*See also Disabilities & Medical Equipment*

### B

BURIAL INFORMATION *See Death / Burial Information*

### C

CAREGIVERS

*See also Alzheimer's/Dementia, Respite & Support Groups*

COMMUNITY ACTION FOUNDATIONS

*See also Financial Guidance, Utilities/Weatherization*

CONSUMER HELP

*See also Advocacy, Financial Guidance*

Credit Counseling / Reports

Consumer Protection Agencies

Fraud / Identity Theft

COUNSELING *See Support Groups*

### D

DAYCARE (ADULT)

## DEATH / BURIAL INFORMATION

Bereavement Support Group *See Support Groups*

## DENTAL SERVICES

## DEPARTEMENT OF HUMAN SERVICES (listed by county)

## DISABILITIES

*See also Advocacy, Assistive Devices & Medical Equipment*

## **E**

## EDUCATION (listed by county)

*See also Libraries*

## EMERGENCY / DISASTER (listed by county)

*See also Food Pantries, Homeless Shelters, Housing & Utilities*

## EMPLOYMENT

*See also Disabilities (Employment)*

## **F**

## FINANCIAL GUIDANCE

*See also Consumer Help*

## FITNESS

## FOOD PANTRY (listed by county)

*See Emergency / Disaster & Nutrition Centers*

## **G**

## **H**

## HEALTH / MEDICAL

Fraud / Complaints

Hospitals / Clinics (listed by County)

Prescription Drugs

Rehab Services

Safety / Security (Medical)

## HEARING SERVICES

*See also Disabilities*

## HOME HEALTH

HOME REPAIRS *See Housing & Utilities / Weatherization*

## HOMELESS SHELTERS

*See also Emergency/Disaster, Housing*

## HOSPICE SERVICES

HOUSE CLEANING *See In-Home*

## HOUSING

*See also Assisted Living, Homeless Shelters, Nursing Homes & Residential Care Homes*

## I

### INFORMATION & ASSISTANCE SERVICES

*See also Advocacy, Consumer Help & Veteran's Services*

### IN-HOME SERVICES (Non-Medical)

*See also Home Health*

### INTERPRETER SERVICES

## J

## K

## L

### LEGAL SERVICES

*See also ADVOCACY, CONSUMER HELP*

### LEGISLATURES

### LIBRARIES

LONG-TERM CARE *See Assisted Living, Nursing Homes, Residential Care Homes*

## M

### MEDICAL EQUIPMENT

*See also Assistive Devices & Disabilities*

### MEDICARE

*See also Social Security/SSI/Medicare*

### MENTAL HEALTH / SUBSTANCE ABUSE

## N

### NURSING HOMES (listed by county)

*See also Assisted Living, Housing, Residential Care Homes*

### NUTRITION COUNSELING / EDUCATION

*See also Education and Nutrition*

### NUTRITION / SENIOR CENTERS (listed by county)

*See also Senior Organizations*

## **O**

OUTREACH SERVICES

## **P**

PARKING DECAL (HANDICAP) *See Disabilities*

## **Q**

## **R**

RESIDENTIAL CARE HOMES (listed by county)

*See also Assisted Living, Housing, Nursing Homes*

RESPIRE

REVERSE MORTGAGE *See Financial Guidance*

## **S**

SENIOR CENTERS *See Nutrition / Senior Centers*

SENIOR ORGANIZATIONS

*See also Nutrition / Senior Centers*

SOCIAL SECURITY / SSI/ MEDICARE

SUPPORT GROUPS

## **T**

TAXES *See Financial Guidance*

TRANSPORTATION

## **U-V**

UTILITIES / WEATHERIZATION

*See also EMERGENCY/DISASTER*

VETERANS SERVICES

VISUAL SERVICES *See Disabilities*

## **W-Z**

WEATHERIZATION

*See Community Actions, Utilities/Weatherization*

*This publication is made possible by donations from agencies for advertisement and in part from funds from the Older Americans Act through OK DHS Aging Services Division and EODD Area Agency on Aging.*







# ABUSE (Elderly)

*See also DEPARTMENT OF HUMAN SERVICES, LEGAL SERVICES,  
NURSING HOMES*

ADULT ABUSE HOTLINE -----	1-800-522-3511
Adult Protective Services (County Offices)-----	See Dept. of Human Services
Department of Human Services State Office----- Aging Services Division 2401 NW 23 <sup>rd</sup> St. Suite 40 Oklahoma City, OK 73107-2422	(405) 521-2281
Department of Human Services ----- Nursing Home Complaints Oklahoma City, OK 73117	(405)521-3440 1-800-747-8419
EODD Area Agency on Aging Ombudsman Program----- Nursing Home Complaints in Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah & Wagoner Counties	(918) 682-7891
Nursing Home Abuse-----	See Nursing Homes
OK State Ombudsman Program-----	(405) 521-6734
OK State Department of Health----- Nursing home complaints / License & Certification Div. Oklahoma City, OK	(405) 271-6868

*If you or someone you know is experiencing problems with a nursing home and would like to file a complaint, please contact an Ombudsman Supervisor at EODD AAA at (918)682-7891 or 1-800-211-2116 for information and assistance.*

# ADVOCACY

See also CONSUMER HELP, LEGAL SERVICES

AARP-----	1-866-295-7277
American Foundation for the Blind (Advocacy Group)----- 11 Penn Plaza, Suite 300 New York, NY 10001	(212) 502-7600
Americans with Disabilities ----- Department of Justice	1-800-514-0301
Legal Aid Service of Oklahoma, Inc.----- Muskogee, OK 74401 <i>Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner Counties</i>	(918) 683-5681
National Consumer League (Advocacy Group)----- <a href="http://www.nclnet.org">www.nclnet.org</a>	(202) 835-3323
Office of Handicap Concerns----- Oklahoma City, OK 73107	(405) 521-3756 1-800-522-8224
Oklahoma Disability Law Center (Tulsa)-----	1-800-880-7755
Oklahoma Foundation for the Disabled----- Oklahoma City, OK 73114	(405) 842-6636
Ombudsman Supervisor (Nursing Home Advocacy)----- EODD Area Agency on Aging Muskogee, OK 74401	(918) 682-7891
SENIOR INFO-LINE-----	1-800-211-2116
TARC (Advocate for Seniors with Developmental Disabilities)----- Tulsa, OK 74119-4447	(918) 582-8272

## AGING SERVICES

ADvantage Program----- 1-800-435-4711  
*The ADvantage Program of the Home-and Community-Based Services provides Medicaid services to help people stay at home instead of going to a nursing home.*

NATIONAL NETWORK OF AGING SERVICES----- 1-800-677-1116  
(Eldercare Locator)

OK State Agency on Aging- Dept. of Human Services  
2401 NW 23<sup>rd</sup> St Suite 40  
Oklahoma City, OK 73107-2413  
Aging Services Division----- (405) 521-2327  
Special Unit on Aging----- (405)521-2281  
[www.okdhs.org](http://www.okdhs.org)

SENIOR INFO LINE----- 1-800-211-2116

## ALZHEIMER'S / DEMENTIA

*See also CAREGIVERS, CONSUMER HELP, RESPITE, SUPPORT GROUPS*

Alzheimer's Information & Referral Center----- 1-800-211-2116  
Alzheimer's Disease Information & Referral----- 1-800-272-3900

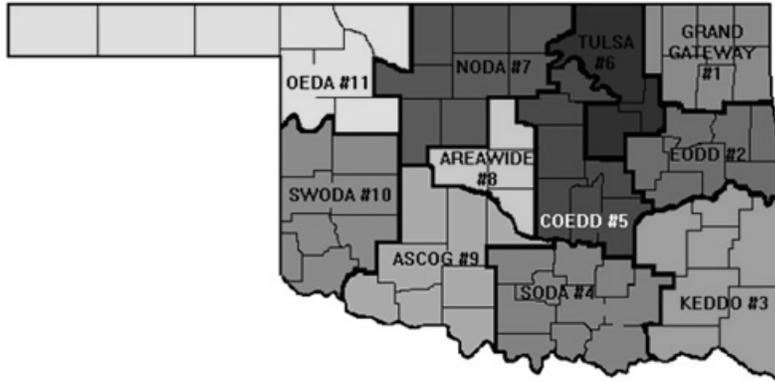
Alzheimer's Association----- (405) 319-0780

OK / AR Alzheimer's Association Chapter ----- 1-800-272-3900  
Oklahoma City, OK 73112  
[www.alz.org/alzokar](http://www.alz.org/alzokar)

## APARTMENTS

*See ASSISTED LIVING and HOUSING*

# AREA AGENCIES ON AGING (OK)



Areawide Aging Agency----- (405) 942-8500  
 4101 Perimeter Center Drive #310  
 Oklahoma City, OK 73112  
*Counties Served: Canadian, Cleveland, Logan & Oklahoma*

ASCOG Area Agency on Aging----- (580) 252-0595  
 802 Main St / PO Box 1647  
 Duncan, OK 73534  
*Counties Served: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens & Tillman*

COEDD Area Agency on Aging----- (405) 273-6410  
 400 N Bell / PO Box 3398  
 Shawnee, OK 74802  
[www.coedd.org](http://www.coedd.org)  
*Counties Served: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole & Pottawatomie*

**EODD Area Agency on Aging----- (918) 682-7891**  
 1012 N 38<sup>th</sup> St / PO Box 1367  
 Muskogee, OK 74402  
[www.eoddok.org](http://www.eoddok.org)  
*Counties Served: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah & Wagoner Counties*

## AREA AGENCIES ON AGING Continued

- Grand Gateway Area Agency on Aging----- (918) 783-5793  
333 S Oak / PO Box Drawer B 1-800-482-4594  
Big Cabin, OK 74332-0502  
[www.grandgateway.org](http://www.grandgateway.org)  
*Counties Served: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers,  
Washington*
- KEDDO Area Agency on Aging----- (918) 465-2367  
Vo-Tech Administration / PO Box 638 1-800-722-8180  
Wilburton, OK 74578  
[www.eosc.edu/~keddo](http://www.eosc.edu/~keddo)  
*Counties Served: Choctaw, Haskell, Latimer, LeFlore, McCurtain,  
Pittsburg & Pushmataha*
- NODA Area Agency on Aging----- (580) 237-4810  
2901 N Van Buren 1-800-749-1149  
Enid, OK 73701  
[www.nodanet.org](http://www.nodanet.org)  
*Counties Served: Alfalfa, Blaine, Garfield, Grant, Kay, Noble, Kingfisher  
& Major*
- OEDA Area Agency on Aging----- (580) 625-4531  
330 Douglas Ave / PO Box 668 1-800-658-2844  
Beaver, OK 73932  
[www.oeda.org](http://www.oeda.org)  
*Counties Served: Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods  
& Woodward*
- SODA Area Agency on Aging----- (580) 920-1388  
224 W Evergreen / PO Box 709 1-800-371-7632  
Durant, OK 74701  
[www.soda-ok.org](http://www.soda-ok.org)  
*Counties Served: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love,  
Marshall, Murray & Pototoc*

## AREA AGENCIES ON AGING Continued

SWODA Area Agency on Aging----- PO Box 569 Burns Flat, OK 73624 <a href="http://www.swoda.org">www.swoda.org</a> <i>Counties Served: Beckham, Custer, Greer, Harmon, Jackson, Kiowa, Mills, Roger &amp; Washita</i>	(580) 562-4882 1-800-627-4882
Tulsa Area Agency on Aging----- 175 E 2 <sup>nd</sup> St Suite 480 Tulsa, OK 74103-3208 <i>Counties Served: Creek, Osage &amp; Tulsa</i>	(918) 596-7651

## AREA AGENCY ON AGING-EODD

*The following services are funded under the Title III of the Federal Older Americans Act through EODD Area Agency on Aging. The services are listed by provider.*

Legal Aid Services of OK----- 323 W. Broadway, Suite 408 Muskogee, OK 74401 <i>Counties Served: All EODD AAA seven counties</i>	1-800-725-5681 (918) 683-5681
MCCAP Nutrition----- 1318 So. York Muskogee, OK <i>Counties Served: McIntosh, Muskogee, Okmulgee &amp; Wagoner Services Provided: Congregate &amp; Home Delivered Meals, Outreach, Transportation, Homemaker Services, Health Promotion &amp; Medication Mgmt.</i>	(918) 577-6896
SAC Nutrition----- Sequoyah Co. Health Dept / PO Box 888 Sallisaw, OK 74955 <i>Counties Served: Adair, Cherokee, Sequoyah Services Provided: Same as MCCAP Nutrition</i>	(918) 775-7708

# ASSISTED LIVING

See also HOUSING, NURSING HOMES & RESIDENTIAL CARE HOMES

## CHEROKEE COUNTY

Heritage Place Retirement----- (918) 456-7117  
1380 Heritage Lane  
Tahlequah, OK 74464  
*Private Pay, VA*

## MUSKOGEE COUNTY

Country Gardens----- (918) 686-8100  
611 So. Country Club Rd  
Muskogee, OK 74403  
*Private Pay, VA*

Dogwood Creek Retirement Center----- (918) 683-5100  
3230 E. Shawnee  
Muskogee, OK 74403  
*Private Pay, VA*

Magnolia Gardens----- (918) 683-8388  
3211 Chandler Rd.  
Muskogee, OK 74403  
*Alzheimer's Unit; Private Pay, VA*

## OKMULGEE COUNTY

Plantation House----- (918) 756-1253  
1001 So. Belmont  
Okmulgee, OK 74447  
*Medicare, Medicaid, Private Pay, VA*

*Confused about what Medicare will pay for?  
Contact your SMP. Visit: [www.OK.gov/oid](http://www.OK.gov/oid)*

## ASSISTIVE DEVICES

See also *DISABILITIES* and *MEDICAL EQUIPMENT*

1-800-257-1705  
(405) 744-9748

ABLE Tech (Oklahoma ABLE-Tech)-----V/TDD  
1514 W Hall of Fame  
Stillwater, OK 74078-2026

ABLE-Tech INFO-Line -----V/TDD  
(free information & referral on assistive devices for people of all ages with disabilities)

1-888-885-5588

Financing for Assistive Devices

BANC 1<sup>st</sup> Stilwater-----

(405) 742-6210

LS & S (Catalog of adaptive products for blind & deaf)-----  
TTY

1-800-468-4789  
1-800-317-8533

## BURIAL INFORMATION

See *DEATH INFORMATION*

## CAREGIVERS

See *ALZHEIMER'S/DEMENTIA, RESPITE, SUPPORT GROUPS*

EODD AAA Caregivers Help & Information Program----- 1012 No. 38 <sup>th</sup> St / PO Box 1367 Muskogee, OK 74402	(918) 682-7891 <b>SEE AD IN FRONT OF BOOK</b>
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ALWAYS tear or shred documents and mail before  
throwing them in the trash!!!

# COMMUNITY ACTION FOUNDATIONS

*See also FINANCIAL GUIDANCE, UTILITIES/WEATHERIZATION*

## ADAIR County

Cookson Hills Community Action Foundation----- (918) 696-8723  
Stilwell, OK 749601

## CHEROKEE County

Cookson Hills Community Action----- (918) 456-0571  
PO Box 745 / 908 So. College  
Tahlequah, OK 74464

## McINTOSH County

Deep Fork Community Action----- (918) 756-2826  
PO Box 670 / 223 W. 6<sup>th</sup> St  
Okmulgee, OK 74447

## MUSKOGEE County

Muskogee County Community Action Foundation----- (918) 683-7637  
1313 N Main St  
Muskogee, OK 74401

## OKMULGEE County

Deep Fork Community Action----- (918) 756-2826  
PO Box 670 / 223 W. 6<sup>th</sup> St  
Okmulgee, OK 74447

## SEQUOYAH County

Cookson Hills Community Action ----- (918) 775-9116  
Sallisaw, OK 74955

## WAGONER County

Community Action Resource & Development----- (918) 486-2471  
217 S Broadway  
Coweta, OK 74429

# CONSUMER HELP

See also *ADVOCACY, FINANCIAL GUIDANCE*

Attorney General's Medicaid Fraud Control Unit-----	(405) 521-4274
OK Dept. of Consumer Credit CONSUMER HOTLINE-----	1-800-448-4904

## CREDIT COUNSELING / REPORTS

Consumer Credit Counseling Services of OK-----	(918) 683-2778
323 W Broadway	1-800-324-5611
Muskogee, OK	
<a href="http://www.oag.ok.gov">www.oag.ok.gov</a>	

### Credit Reporting Agencies

Experian-----	1-888-397-3742
<a href="http://www.experian.com">www.experian.com</a>	
Equifax-----	1-800-685-1111
<a href="http://www.equifax.com">www.equifax.com</a>	
Transunion-----	1-800-916-8800
<a href="http://www.transunion.com">www.transunion.com</a>	

## CONSUMER PROTECTION AGENCIES

Better Business Bureau-----	(918)492-1266
<a href="http://www.tulsa.bbb.org">www.tulsa.bbb.org</a>	
Consumer Protection Office-----	(405)521-4274
<a href="http://www.oag.ok.gov">www.oag.ok.gov</a>	
Consumer Protection Services (OK Dept of Agriculture)-----	(405) 271-5243
<a href="http://www.ok.gov/~okag/cps">www.ok.gov/~okag/cps</a>	

REMEMBER: Keep all personal information in a secure place!

## CONSUMER PROTECTION AGENCIES CONTINUED

Direct Marketing Association----- 1120 Avenue of Americas New York, New York 10036-6700 <i>Contact to have name removed from mailing lists</i>	(212)768-7277
Federal Trade Commission----- <a href="http://www.ftc.gov">www.ftc.gov</a>	1-877-382-4357 TTY 1-866-653-4261
Internal Revenue Service (IRS)----- <a href="http://www.irs.gov">www.irs.gov</a>	1-800-829-1040
National Insurance Consumer Helpline-----	1-800-942-4242
OK Attorney General's Office----- <a href="http://www.oag.state.ok.us">www.oag.state.ok.us</a>	(405) 521-3921
OK Corporation Commission----- PO Box 52000 Oklahoma City, OK 73152	(405) 521-2211
OK Dept. of Consumer Credit ----- <i>(Complaints on credit purchases)</i>	(405) 521-3653
OK Insurance Commission-----	1-800-522-0071
OK State Banking Department----- Tulsa, OK 74135 <a href="http://www.state.ok.us">www.state.ok.us</a>	(918) 622-7447
OK State Insurance Commissioner-----	1-800-522-0071
OK Tax Commission----- 440 S Houston Tulsa, OK 74127 <a href="http://www.oktax.state.ok.us">www.oktax.state.ok.us</a>	1-800-581-2761

## CONSUMER PROTECTION AGENCIES CONTINUED

Senior Health & Insurance Counseling Program (SHIP)----- PO Box 53408 Oklahoma City, OK 73152 <a href="http://www.ok.gov">www.ok.gov</a>	(405) 521-6628
<i>Information on Medicare &amp; all health insurance for Senior Citizens</i> -----	1-800-763-2828
<i>Locally, you can contact EODD Area Agency on Aging</i> -----	(918) 682-7891

## FRAUD / IDENTITY THEFT

Identity Theft Victim (Federal Trade Commission)----- <a href="http://www.ftc.gov/idtheft">www.ftc.gov/idtheft</a>	1-877-438-4338
Identity Theft Victim (IRS)----- <a href="http://www.irs.gov">www.irs.gov</a>	1-800-908-4490
National Consumers League----- 1701 K St. NW, Suite 1200 Washington, DC 20006	(202) 835-3323
National Fraud Information Center-----	(202) 835-3323
Postal Inspector in Charge (Mail Fraud Complaints)-----	1-877-876-2455

SMP Fraud Help Line-----	1-888-967-9100
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**NOTES:** \_\_\_\_\_

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Medicare will ONLY cover medical supplies with a doctor's prescription.  
If a salesperson tells you otherwise, it's fraud!

## DAYCARE-ADULT

LIFE, Inc----- (918) 682-3887  
701 So. 3<sup>rd</sup> St.  
Muskogee, OK 74401  
*Medicare, Medicaid, ADvantage, DHS & VA*

Cherokee Elder PACE Program----- (918) 453-5554  
**SEE AD IN FRONT OF BOOK**

## DEATH / BURIAL INFORMATION

*To obtain a death/birth certificate, contact your local county health department for a form to send to the state.*

Muskogee Co. Commissioners (Indigent Burial)----- (918) 682-9601

OK Department of Veterans' Affairs----- 1-800-827-1000  
Muskogee, OK 74401  
*For Veterans' Widow/Widower & burial benefits.*

Social Security Admin / SSI----- (918) 687-2338  
Muskogee, OK 74401 1-800-772-1213  
*For Widow / Widowers' benefits.*

Social Security----- (918) 756-3923  
Okmulgee, OK 74447

OK State Health Department (Vital Records)----- (405) 271-4040  
[www.ok.gov](http://www.ok.gov)

Out-of-State Vital Records----- 1-800-232-4636  
[www.cdc.gov](http://www.cdc.gov) "Where to Write"

# DENTAL SERVICES

Dental Care Senior Advantage----- 1-888-540-9488

Dentures & Dental Services of Oklahoma-----	(918) 473-3700 <b>SEE AD IN FRONT OF BOOK</b>
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D-Dent ----- 1-800-522-9510  
6430 N Western Ave, Suite 200  
Oklahoma City, OK 73116

Eastern OK Donated Dental Services (EODDS)----- (918) 742-5544  
Tulsa, OK 74105-3264 (918) 742-5548  
[www.eodds.org](http://www.eodds.org)  
*Applications accepted through mail only*

Neighbor for Neighbor Dental Clinic----- (918) 425-5578  
Tulsa, OK 74106-1812  
[www.neighborforneighbor.org](http://www.neighborforneighbor.org)

NOTES: \_\_\_\_\_  
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\_\_\_\_\_

The U.S. Administration on Aging has helpful information for older adults & their families at:

[www.aoa.gov](http://www.aoa.gov)

# DEPARTMENT OF HUMAN SERVICES

Visit [www.okdhs.org](http://www.okdhs.org) for information on services provided  
through Dept. of Human Services.

ADAIR COUNTY----- Rt. 1 Box 42 (Section Line Road) Stilwell, OK 74960 Monday – Thursday 7:30 – 5:30 Friday 7:30 – 5:00	(918) 696-7736 1-800-225-0049
CHEROKEE COUNTY----- 1298 West 4 <sup>th</sup> St Tahlequah, OK 74465 Monday, Wednesday-Friday 8:00 – 4:30 Tuesday 8:00 – 7:00	(918) 207-4500 1-800-225-9868
McINTOSH COUNTY----- 25 Hospital Road / PO Box 231 Eufaula, OK 74432 Monday – Friday 7:30 – 4:30	(918) 689-1200 1-800-219-3238
MUSKOGEE COUNTY----- 727 South 32 <sup>nd</sup> St / PO Box 608 Muskogee, OK 74401 Monday – Friday 8:00 – 5:00	(918)684-5300 1-800-815-7573
OKMULGEE COUNTY----- 5005 N. Wood Drive Okmulgee, OK 74447 Monday – Friday 7:30 – 5:00	(918) 752-2000 1-800-884-1582
SEQUOYAH COUNTY----- HC61 Box 20 / 1611 South Kerr Blvd. Sallisaw, OK 74955 Monday – Friday 8:00 – 5:00	(918) 776-8000 1-800-270-0805
WAGONER COUNTY----- 102 NE 7 <sup>th</sup> Street Wagoner, OK 74467 Monday – Friday 8:00 – 5:00	(918) 614-5000 1-800-734-7518

# DISABILITIES

See also *ADVOCACY, ASSISTIVE DEVICES & MEDICAL EQUIPMENT*

## BLIND

- ABLE Tech (Oklahoma)----- 1-800-257-1705
- American Council for the Blind----- 1-800-424-8666
- Blindness Foundation----- 1-888-394-3937  
[www.blindness.org](http://www.blindness.org)
- Braille-grams (Telegrams in Braille anywhere in United States)----- 1-800-325-6000  
(Through Western Union)
- Oklahoma Library for Blind and Handicapped ----- 1-800-523-0288  
Oklahoma City, OK 73105

## DEAF

- Advantage Audiology at Tahlequah Ear Nose & Throat----- (918) 453-1234  
Tahlequah, OK 74464

- |   |
|---|
| Better Sound Hearing Services----- (918) 683-1234<br><b>SEE AD IN FRONT OF BOOK</b> |
|---|

- EODD Area Agency on Aging----- 1-800-211-2116  
(Referral to the free hearing aide program)
- Eastern OK Ear, Nose & Throat----- (918) 492-3636  
Tulsa, OK 74136
- National Association for Hearing & Speech Action----- 1-800-638-8255
- Oklahoma City Association of the Deaf ----- (918) 894-5270
- Operator Services for the Deaf – Relay Oklahoma ----- 1-800-722-0353

## DISABILITIES CONTINUED

Tulsa Speech and Hearing Association----- (918) 832-8742  
Sertoma Hearing Aid Recycling Program (SHARP)  
Tulsa, OK 74146

## DISABLED-PHYSICALLY / PARKING DECALS

Americans with Disabilities----- 1-800-514-0301  
TTY 1-800-514-0383

Center for the Physically Limited (of any age)----- (918) 584-8607  
815 South Utica  
Tulsa, OK 74101

Disabled Parking Placards/Permits----- [www.dps.state](http://www.dps.state)

Handicap Parking Permits----- (918) 683-3256  
OK Hwy Patrol Headquarters / 651 N 43<sup>rd</sup> St. E.  
Muskogee, OK 74401

## EMPLOYMENT

INCOR/SWAP (For adults with developmental disabilities)----- (918) 683-8162  
210 E Okmulgee / PO Box 622  
Muskogee, OK 74402

Job Accommodation Network (Disabled employees)----- 1-800-526-7234  
[www.dol.gov](http://www.dol.gov) TTY 1-877-781-9403

Progressive Independence----- 1-800-801-3203

## MEDICAL EQUIPMENT

*See MEDICAL EQUIPMENT*

## OTHER

National Center for Stuttering Hotline----- 1-800-221-2483

# EDUCATION

See also *LIBRARIES*.

## REGIONAL

55 Mature Driving Safety Course (AARP)----- 1-888-227-7669

OK Library for the Blind & Handicap----- See "Disabilities"

## ADAIR COUNTY

OK State University Extension Office----- (918) 696-2253  
220 W Division / Courthouse Basement  
Stilwell, OK 74960

## CHEROKEE COUNTY

Cherokee County Literacy Council----- (918) 456-2581

OK State University Extension Office----- (918) 456-6163  
908 So. College  
Tahlequah, OK 74464

Tahlequah Public Schools (GED Testing Site)----- (918) 458-4192  
613 N Jones  
Tahlequah, OK 74464

## McINTOSH COUNTY

McIntosh County Literacy Council----- (918) 473-6715

OK State University Extension Office----- (918) 689-7772  
PO Box 191 / 1<sup>st</sup> National Center  
Eufaula, OK 74432

To report Medicare fraud, errors or abuse contact  
1-888-967-9100

## **EDUCATION CONTINUED**

### **MUSKOGEE COUNTY**

Adult Education—(GED Testing Site)----- 202 W Broadway Muskogee, OK 74401	(918) 684-3700
Connors State College (Muskogee)----- Muskogee, OK 74401	(918) 687-6747
Connors State College (Warner-Main Campus)----- Warner, OK 74469	(918) 463-2931
Indian Capital Vo-Tech School----- Muskogee, OK 74403	(918) 687-6383
Muskogee County Literacy Council-----	(918) 682-6657
Northeastern State University (Muskogee)----- Muskogee, OK 74401	(918) 683-0040
OK State University Extension Office----- 1440 S Cherokee / Fairgrounds Muskogee, OK 74401	(918) 686-7200

### **OKMULGEE COUNTY**

Community Nutrition Education Program----- 1901 N Oklahoma Okmulgee, OK 74447	(918) 758-4140
OK State University Extension Office----- 1901 N Okmulgee / Fairgrounds Okmulgee, OK 74447	(918) 756-1958
Union Public Schools (GED Testing Site)----- 5656 S 129 <sup>th</sup> E Ave. Tulsa, OK 74134	(918) 459-4430

**EDUCATION CONTINUED**

**SEQUOYAH COUNTY**

Adult Learning Resource Center (GED Testing Site)----- (918) 775-5544  
701 JT Stites Blvd.  
Sallisaw, OK 74955

OK State University Extension Office----- (918) 775-4838  
120 E Chickasaw, Suite 107  
Sallisaw, OK 74955

**WAGONER COUNTY**

OK State University Extension Office----- (918) 486-4589  
PO Box 487  
Coweta, OK 74429

Wagoner County Literacy Council----- (918) 485-2741

NOTES: \_\_\_\_\_  
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**Senior Info-Line**

**1-800-211-2116**

# EMERGENCY / DISASTER

*See FOOD PANTRIES, HOMELESS SHELTERS, HOUSING & UTILITIES*

**211 Information Hotline (Get Connected, Get Answers)-----** 211

AG LINK (hotline for rural farmers who are experiencing a crisis) 1-800-248-5465

## **ADAIR COUNTY**

Adair Co. Community Ministries, Inc.----- (918) 696-2484  
PO Box 206  
Stilwell, OK 74960

Adair Co. Service Unit of Salvation Army----- (918) 696-4018  
102 6<sup>th</sup> North St.  
Stilwell, OK 74960

Cookson Hills Community Action Foundation----- (918) 696-8723  
711 No. 1<sup>st</sup> St  
Stilwell, OK 74960

## **CHEROKEE COUNTY**

Care Food Pantry----- (918) 456-4506  
220 N Muskogee Ave.  
Tahlequah, OK 74464

Cookson Hills Community Action----- (918) 456-0571  
908 So. College  
Tahlequah, OK 74464

Salvation Army----- (918) 456-9882  
204 S Muskogee / PO Box 277  
Tahlequah, OK 74464

**EMERGENCY / DISASTER CONTINUED**

**MUSKOGEE COUNTY**

- American Red Cross----- (918) 682-1366  
566 N 6<sup>th</sup> St  
Muskogee, OK 74401
  
- Ark of Faith Foundation, Inc.----- (918) 682-8411  
401 E Broadway  
Muskogee, OK 74403
  
- Catholic Charities----- (918) 681-6115
  
- Golden Rule Industries (Clothing)----- (918) 684-6500  
1305 N Main St. (918) 683-5505  
Muskogee, OK 74401
  
- Golden Rule Industries (Household items)----- (918) 684-6500  
2022 W Shawnee (918) 683-5505  
Muskogee, OK 74401
  
- Gospel Rescue Mission----- (918) 682-3489  
326 South 2<sup>nd</sup> St.  
Muskogee, OK 74401
  
- Muskogee County Community Action Foundation----- (918) 683-7637  
1313 N Main St  
Muskogee, OK 74401
  
- Salvation Army (Clothing/Household Items)----- (918) 682-3384  
615 S Main St.  
Muskogee, OK 74401
  
- United Way----- (918) 682-1364  
3<sup>rd</sup> Floor Citizens Bank / PO Box 1612  
Muskogee, OK 74402

## EMERGENCY / DISASTER CONTINUED

### OKMULGEE COUNTY

American Red Cross----- (918) 756-0966  
211 E 7<sup>th</sup> St  
Okmulgee, OK 74447

Creek Nation Social Services Program----- (918) 756-8700  
PO Box 580  
Okmulgee, OK 74447

### SEQUOYAH COUNTY

American Red Cross----- (918) 649-0881  
1215 So. Broadway  
Poteatu, OK

Catholic Charities----- (918) 775-6111  
409 N Adam St  
Sallisaw, OK 74955  
*Monday-Fridays 10:00 – 2:00*

Cookson Hills Community Action ----- (918) 775-9116  
Sallisaw, OK 74955

Sequoyah County Crisis Intervention Program----- (918) 775-HELP

### WAGONER COUNTY

Community Action Resource & Development----- (918) 486-2471  
217 S Broadway  
Coweta, OK 74429

Wagoner Area Neighbors----- (918) 485-2309  
100 NW 8<sup>th</sup> St  
Wagoner, OK 74467

*Remember...always count your pills! Mistakes do happen, but  
intentional pill-shortening is fraud.*

# EMPLOYMENT

See also DISABILITIES "Employment"

AARP Senior Employment Program----- Tulsa, OK 74145	(918) 621-4480
Foster Grandparent Program ----- Cookson Hills Community Action Tahlequah, OK 74465	(918) 456-0571
Golden Rule Industries----- 2200 W. Shawnee Muskogee, OK 74401	(918) 684-6500
INCOR/SWAP (For adults with developmental disabilities)----- 210 E Okmulgee / PO Box 622 Muskogee, OK 74402	(918) 683-8162
Job Accommodation Network (Disabled employees)----- US Department of Labor/Office of Disabilities	1-800-526-7234 TTY 1-877-781-9403
Workforce of Oklahoma----- 717 So. 32 <sup>nd</sup> St Muskogee, OK 74401	(918) 682-3364

NOTES: \_\_\_\_\_

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**SENIOR INFO LINE 1-800-211-2116**

# FINANCIAL GUIDANCE

See also *CONSUMER HELP*

Community Actions listed may provide financial planning & tax assist; based on income

## ADAIR COUNTY

Cookson Hills Community Action Foundation----- (918) 696-8723  
Stilwell, OK 74960

## CHEROKEE COUNTY

Cookson Hills Community Action----- (918) 456-0571  
Tahlequah, OK 74464

## McINTOSH COUNTY

Deep Fork Community Action----- (918) 756-2826  
Okmulgee, OK 74447

## MUSKOGEE COUNTY

Muskogee Public Library (*Tax prep. Assistance thru AARP*)----- (918) 682-6657  
Muskogee, OK 74401  
*Call for scheduled times.*

## OKMULGEE COUNTY

Deep Fork Community Action----- (918) 756-2826  
Okmulgee, OK 74447.

## SEQUOYAH COUNTY

Cookson Hills Community Action ----- (918) 775-9116  
Sallisaw, OK 74955.

## WAGONER COUNTY

Community Action Resource & Development----- (918) 486-2471  
Coweta, OK 74429

CONTACT 1-800-829-1040 from February through April 15 to find the nearest Tax Counseling for the Elderly program.

# FITNESS

## ADAIR Co.

Curves-Siloam Springs, AR-----	(479-524-9100
Walton Lifetime Health Complex "SilverSneakers"-----	(479) 524-7315

## CHEROKEE Co.

AreoFit Health Club "SilverSneakers"-----	(918) 431-9900
Curves-----	(918) 456-0310

## MUSKOGEE Co.

Champion Fitness "SilverSneakers"-----	(918) 686-7539
Curves-Fort Gibson-----	(918) 478-5550
Curves-Muskogee-----	(918) 687-3139
Muskogee Swim & Fitness "Keeping Srs. Active"-----	(918) 681-3393

## OKMULGEE Co.

Okmulgee Co. YMCA "SilverSneakers"-----	(918) 756-6677
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## SEQUOYAH Co.

Curves-Van Buren, AR-----	(479) 474-5800
Turner Fitness Center-----	(918) 775-5531

## WAGONER Co.

Access Fitness-----	(918) 485-0637
Curves-----	(918) 485-0055

*SilverSneakers is: Health plans around the country offer our award-winning program to people who are eligible for Medicare or to group retirees. SilverSneakers provides a fitness center membership to any participating location across the country.*

### *Advantages of an Active Lifestyle*

- |  |   |
|--|---|
| <input type="checkbox"/> feel better   | <input type="checkbox"/> control blood sugars             |
| <input type="checkbox"/> sleep better  | <input type="checkbox"/> improve concentration            |
| <input type="checkbox"/> reduce stress | <input type="checkbox"/> lower cholesterol                |
| <input type="checkbox"/> more energy   | <input type="checkbox"/> strengthen heart & other muscles |
| <input type="checkbox"/> lose weight   | <input type="checkbox"/> strengthen bones                 |

# FOOD PANTRY

See also EMERGENCY/DISASTER & NUTRITION CENTERS

## ADAIR CO.

Cherokee Nation Food Distribution Center----- (918)696-5472  
Hwy 59 South / Industrial Park  
Stilwell, OK 74960  
Times Vary; call for time and location or  
[www.cherokeenation.org](http://www.cherokeenation.org) for an on-line calendar of dates & locations

Hope Center/Food Pantry----- (918)723-5640  
109 S. Williams / P.O. Box 308  
Westville, OK 74965  
*Tuesday 9:00 – 2:00*

Stilwell Food Pantry  
Adair Resource Center  
Stilwell, OK 74960  
*1<sup>st</sup> & 3<sup>rd</sup> Thursday 8:30 – 11:30*

## CHEROKEE CO.

Bread of Life----- (918) 458-4748  
325 E. Ward St.  
Tahlequah, OK 74464

CARE Food Pantry----- (918) 458-5338  
220 No. Muskogee  
Tahlequah, OK 74464

Cherokee Nation Food Distribution Center----- 1-800-865-4462  
Cherokee Nation Complex / Hwy 62  
Tahlequah, OK 74464  
*Times vary; call for time and location*

*Be suspicious if a healthcare provider tells you,  
“The more tests we run, the cheaper they are.”*

## FOOD PANTRY CONTINUED

### MUSKOGEE CO.

- Catholic Charities----- (918) 681-6115
- Community Life Center-First Baptist Church----- (918) 683-0962  
Muskogee, OK 74401  
*Monday, Wednesday, Friday 10:00 – 12:00*
- Community Pantry, First Presbyterian Church----- (918) 687-5401  
Muskogee, OK 74401
- Gospel Rescue Mission----- (918) 682-3489  
326 So. 2<sup>nd</sup> St.  
Muskogee, OK 74401
- Muskogee Co. Community Action Foundation----- (918) 683-7637  
Muskogee, OK 74401

### OKMULGEE CO.

- Muscookee-Creek Nation Food Distribution----- 1-800-482-1979  
3001 No. Wood Drive / PO Box 580 (918) 756-3467  
Okmulgee, OK 74447

### SEQUOYAH CO.

- Cherokee Nation Food Distribution----- (918) 775-1220  
3400 W. Cherokee St.  
Sallisaw, OK 74955  
*Times vary; call for time and locations*

### WAGONER CO.

- Immanuel Baptist Church----- (918) 485-5115  
Wagoner, OK 74467  
*Tuesday & Thursday 9:00-12:00*
- Wagoner Area Neighbors----- (918) 485-2309  
100 NW 8<sup>th</sup> St.  
Wagoner, OK 74467

## HEALTH / MEDICAL

American Health Assistance Foundation----- 1-800-437-2423

### FRAUD / COMPLAINTS

Health Care Fraud Reporting----- 1-800-447-8477

Insurance Department Information for OK----- 1-800-522-0071

Medicare Hospital Complaints----- 1-800-522-3414

Medicare / Medicaid Fraud & Abuse----- 1-888-967-9100

### HOSPITALS / CLINICS/HEALTH DEPARTMENTS

#### ADAIR COUNTY

Adair Co. Health Department----- (918) 696-7292  
Stilwell, OK 74960

NeoHealth Westville Family Medical Center----- (918) 723-3997  
Westville, OK 74965  
*Sliding Scale*

Stilwell Memorial Hospital----- (918) 696-3103  
Stilwell, OK 74960

Wilma Mankiller Indian Clinic----- (918) 696-8800  
Stilwell, OK 74960

#### CHEROKEE COUNTY

Cherokee County Health Department----- 1-800-225-9868  
Tahlequah, OK 74464  
(918) 456-8826

Hulbert Health Clinic----- (918) 772-2879  
124 E Main  
Hulbert, OK 74441  
*Sliding Scale*

## HEALTH/MEDICAL CONTINUED

Tahlequah City Hospital----- (918) 456-0641  
1400 East Downing  
Tahlequah, OK 74464

Tahlequah Health Center----- (918) 431-0202  
1294 E. Downing Suite 3 & 4  
Tahlequah, OK 74464

W.W. Hastings Indian Hospital----- (918) 458-3100  
100 So. Bliss  
Tahlequah, OK 74464

### McINTOSH COUNTY

CCOM Medical Group-Cardiology Clinic of Muskogee, Inc.----- (918) 689-4444 111 Oak St Eufaula, OK 74432 <i>Multispecialty Group</i>	<b>SEE AD IN FRONT OF BOOK</b>
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Community Hospital Lakeview----- (918) 689-2535  
1 Hospital Drive (off Hwy 69) / PO Box 629  
Eufaula, OK 74432

Eufaula Indian Health Center----- (918) 689-2547  
800 Forest  
Eufaula, OK 74432

McIntosh County Health Department----- (918) 689-7774  
29 Hospital Rd / PO Box 71  
Eufaula, OK 74432

### MUSKOGEE COUNTY

CCOM Medical Group –Cardiology Clinic of Muskogee, Inc.----- (918) 683-0753 350 So. 40 <sup>th</sup> St Muskogee, OK 74401 <i>Multispecialty Group</i>	<b>SEE AD IN FRONT OF BOOK</b>
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CCOM Medical Group-Pediatric Service Division----- 401 So. York Muskogee, OK 74403	(918) 683-1144  <b>SEE AD IN FRONT OF BOOK</b>
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Good Shepherd Medical Clinic----- (918) 682-9144  
2130 W. Okmulgee  
Muskogee, OK 74401

Muskogee Community Hospital----- (918) 687-7777  
2900 No. Main  
Muskogee, OK 74401

Muskogee County Health Department----- (918) 683-0321  
530 So. 34<sup>th</sup> St.  
Muskogee, OK 74401

Muskogee Regional Medical Center (MRMC)----- (918) 682-5501  
300 Rockefeller Drive  
Muskogee, OK 74401

Solara Hospital-Muskogee----- (918) 682-6161  
351 So. 40<sup>th</sup> St.  
Muskogee, OK 74401

Three Rivers Health Center (Cherokee Nation)----- (918) 781-6500  
1001 So. 41<sup>st</sup> St.  
Muskogee, OK 74403

VA Medical Center-Jack C. Montgomery----- (918) 577-3000  
1011 Honor Heights Drive  
Muskogee, OK 74401

**OKMULGEE COUNTY**

Creek Nation Community Hospital----- 1-800-219-9458  
309 No. 14<sup>th</sup> St. (918) 623-1424  
Okemah, OK 74859

## HEALTH/MEDICAL CONTINUED

Henryetta Medical Center----- (918) 652-4463  
Dewey Bartlett & Main St. / PO Box 1269  
Henryetta, OK 74437

Okmulgee County Health Department----- (918) 756-1883  
1304 R.D. Miller Rd.  
Okmulgee, OK 74447

Okmulgee Indian Health Center----- (918) 758-1926  
1313 E. 20<sup>th</sup> St.  
Okmulgee, OK 74447

Okmulgee Memorial Hospital----- (918) 756-4233  
1401 Morris Drive / PO Box 610  
Okmulgee, OK 74447

### SEQUOYAH COUNTY

Redbird Smith Medical Center (Cherokee Nation)----- (918) 775-9150  
301 So. J.T. Stites Blvd.  
Sallisaw, OK 74955

Sequoyah County Health Department----- (918) 775-6201  
612 No. Oak  
Sallisaw, OK 74955

Sequoyah Memorial Hospital----- (918) 774-1100  
213 E. Redwood  
Sallisaw, OK 74955

### WAGONER COUNTY

Koweta Indian Health Facility (KIHf-Creek Nation)----- (918) 279-3200  
31870 E. Hwy 51  
Coweta, OK 74429

## HEALTH/MEDICAL CONTINUED

Wagoner Community Hospital----- (918) 485-5514  
1200 West Cherokee St.  
Wagoner, OK 74467

Wagoner County Health Department----- (918) 485-3022  
212 No. Pierce  
Wagoner, OK 74467

## PRESCRIPTION DRUG SERVICES

AARP Pharmacy Service----- 1-800-777-7686  
Fort Worth, TX 76117  
*Mail order pharmacy for seniors for prescriptions by mail.*

Indigent Drug Program Information----- (918) 682-7891

Partnership for Prescription Assistance----- 1-888-477-2669

Rx Oklahoma----- 1-888-794-7345

## REHAB SERVICES

Comprehensive Rehab Services----- (918) 683-0355  
201 So. York Street  
Muskogee, OK 74403

George Nigh Rehabilitation & Skilled Nursing Facility----- (918) 756-9211  
900 E Airport Rd. / PO Box 1118  
Okmulgee, OK 74447

Muskogee Regional Medical Center (MRMC)----- (918) 682-5501  
Rehabilitation Unit

## HEALTH/MEDICAL CONTINUED

### SAFETY / SECURITY (MEDICAL)

ADT Companion Services-----	1-800-568-1216
ADT Security Services-----	1-800-806-0238
Companion Call Light, Inc.-----	1-800-249-9943
LifeFone-----	1-800-882-2280
Link to Life <i>Central monitoring station with emergency services</i> -----	1-800-338-4176

Mercy Lifeline-----	1-888-218-5100
Fort Smith, AR 72903	<b>SEE AD IN FRONT OF BOOK</b>

## HEARING SERVICES

See also *DISABILITIES*

Better Sound Hearing Aid Services-----	(918) 683-1234
Muskogee, OK 74401	<b>SEE AD IN FRONT OF BOOK</b>
Hearing Aid Hotline-----	1-800-521-5247
National Association for Hearing & Speech Action-----	1-800-638-8255
National Association of Deaf-----	(301) 587-1788
	TTY (301) 587-1789
Oklahoma Association of Deaf Persons-----	(918) 894-5270
Sertoma Hearing Aid Recycling Program (SHARP)-----	(816) 333-8300
Total Source for Hearing-Loss & Access-----	1-888-311-3523
Tulsa, OK	(918) 832-8742
Vocational Rehabilitation (State Agency)-----	1-800-845-8476

# HOME HEALTH

*Only home health agencies that are Medicare certified are listed in this section.*

Home Health Care Complaints----- 1-800-234-7258

Access Home Health----- (918) 473-4093  
*Nursing Care, Physical Therapy & Home Health Aides*

Allied Home Health, Inc.----- 1-800-777-2084  
[www.alliedhh.com](http://www.alliedhh.com) (918) 485-2084

AllCare Health Systems----- (918) 683-5900  
[www.allcarehealthsystems.com](http://www.allcarehealthsystems.com)

Amedisys Home Health Services----- 1-800-448-8604 <a href="http://www.amedisys.com">www.amedisys.com</a> <b>SEE AD IN FRONT OF BOOK</b> <i>Skilled Nursing, Physical, Occupation &amp; Speech Therapy, Home Health Aides,                  Medical Social Services</i>
--

Angels Care Home Health----- (918) 681-4303 <i>Nursing Care, Physical &amp; Occupational Therapy, Speech Services, Medical                  Social Services &amp; Home Health Aides</i> <b>SEE AD IN FRONT OF BOOK</b>
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Carter Health Care----- (918) 683-1855  
[www.carterhealthcare.net](http://www.carterhealthcare.net)

Cherokee Elder Care----- (918) 453-5554 <i>Physical, Occupational, Speech Therapy, Home Health Services, Social Services,                  Medical Equipment, Primary Medical &amp; Nursing Care</i> <b>SEE AD IN FRONT OF BOOK</b>
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## WHAT IS MEDICARE FRAUD?

*Purposely billing for services that were never performed.*

## HOME HEALTH CONTINUED

Community Home Health----- <i>Skilled Nursing, Physical, Occupational &amp; Speech Therapy, Home Health Aides, &amp; Specialized Wound Care/Diabetic Care</i>	1-800-449-2592 <b>SEE AD IN FRONT OF BOOK</b>
Cornerstone Home Health Care, Inc.-----	1-877-453-7329
Encompass Home Health-----	1-866-682-6202
HOMEhealth Care of Oklahoma----- <a href="http://www.homehealthcareofoklahoma.net">www.homehealthcareofoklahoma.net</a>	1-800-899-9172
Home Health Care-----	(918) 485-5450
Horizon Health Care-----	(918) 689-9763
Housecalls Home Health Services, Inc.----- <a href="http://www.allcarehealthsystem.com">www.allcarehealthsystem.com</a>	1-800-475-5901
Mays Plus, Inc.----- <a href="http://www.maysplus.com">www.maysplus.com</a>	1-866-560-7587
Med-Corp Plus, Inc.----- <a href="http://www.medcorph.com">www.medcorph.com</a>	(918) 683-5951
Mid-Lakes Home Care----- <a href="http://www.hchs.otnnet.net">www.hchs.otnnet.net</a>	(918) 689-3064
Muskogee Regional Home Health Services----- <a href="http://www.muskogeehealth.com">www.muskogeehealth.com</a>	(918) 686-6611
Oklahoma Healthcare Solutions----- <a href="http://www.oklahomahhealthcaresolutions.com">www.oklahomahhealthcaresolutions.com</a>	1-866-881-3800
Peters Agency Home Health, LLC----- <a href="http://www.petersagency.com">www.petersagency.com</a>	1-866-577-1842

## HOME HEALTH CONTINUED

Professional Home Health----- (918) 776-9400  
[www.professionalhh.com](http://www.professionalhh.com)

Sooner Home Health Care----- 1-877-686-5242  
*Nursing Care, Physical & Occupational Therapy, Speech Services, Medical Social Services & Home Health Aides* **SEE AD IN FRONT OF BOOK**

Southwest Home Health Care----- (918) 775-7975

Team Select Home Care----- (918) 828-7700

Traditions Home Care, Inc.----- 1-866-867-9893  
[www.traditionshomecare.net](http://www.traditionshomecare.net) **SEE AD IN FRONT OF BOOK**  
*Nursing Care, Physical & Occupational Therapy & Home Health Aides*

Visiting Nurse Association----- (918) 743-9810  
*Free Standing, non-profit home health agency*

## HOME REPAIRS

*See HOUSING & UTILITIES/WEATHERIZATION*

*In 2009 and 2010, Home Repairs was the number one need among homeowners 60+ in EODD AAA's service area. Of 1,287 people age 60+ surveyed by EODD AAA, 669 or 52% choose home repairs*

# HOMELESS SHELTERS

See also *EMERGENCY / DISASTER and HOUSING*

Gospel Rescue Mission----- (918) 682-3489  
326 So. 2<sup>nd</sup>  
Muskogee, OK 74401

Okmulgee County Homeless Shelter----- (918) 756-9098  
214 No. Morton  
Okmulgee, OK 74447

Project Osiyo----- (918) 453-2520  
118 W. Keetoowah  
Tahlequah, OK 74464

## TIPS ON HOME IMPROVEMENTS: *BE CAUTIOUS IF CONTRACTORS:*

- Sell door to door
- Say they are doing work “up the street”
- Push you to borrow from their lender
- Talk fast to confuse you
- Accept only cash or want you to pay for the entire job up front.
- Claim to have left over materials from another job.

# HOSPICE SERVICES

AllCare Hospice     *See AllCare Health Systems in HOME HEALTH*

Angelic Hospice----- (918) 758-3001  
[www.mybrotherskpr.com](http://www.mybrotherskpr.com)

Carter Hospice     *See Carter Health Care in HOME HEALTH*

Family Care Hospice----- 1-800-901-2686

Good Shepherd Hospice----- (918) 682-3800  
[www.goodshepherdhospices.com](http://www.goodshepherdhospices.com)

Grace Hospice-----  
[www.gracehospice.com](http://www.gracehospice.com)

Heritage Hospice----- (918) 652-3919  
[www.hertiagehospicellc.com](http://www.hertiagehospicellc.com)

Hometown Hospice----- (918) 681-4440  
[www.hometownhospice.com](http://www.hometownhospice.com)

Horizon Hospice----- 1-877-828-9567 <b>SEE AD IN FRONT OF BOOK</b>
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Hospice of the Cherokee----- 1-877-792-7372

Professional Home Hospice----- 1-877-775-9505 <b>SEE AD IN FRONT OF BOOK</b>
---

Rivercross Hospice----- (918) 622-9281

Saint Francis Hospice----- 1-877-776-0001  
 Muskogee, OK 74401

## HOSPICE CONTINUED

Sequoyah Memorial Hospice----- (918) 774-1152  
Sallisaw, OK 74955

Shepherd's Care Hospice----- 1-888-756-4673  
Wagoner, OK 74467

Sojourn Care of Tulsa Hospice----- (918) 492-8799  
[www.sojourncare.com](http://www.sojourncare.com)

Sol Amor Hospice----- (918) 686-6899  
[www.solarmorhospice.com](http://www.solarmorhospice.com) **SEE AD IN FRONT OF BOOK**

Vista Care----- 1-866-643-5423  
Wagoner, OK 74467

## HOUSE CLEANING

See *IN-HOME*

*EODD Area Agency on Aging*

*1012 N. 38<sup>th</sup> St. ♦ PO Box 1367  
Muskogee, OK 74402  
(918) 682-7891*

*SENIOR INFO-LINE  
1-800-211-2116*

# HOUSING

See also ASSISTED LIVING, HOMELESS SHELTERS, NURSING HOMES & RESIDENTIAL CARE HOMES

## APARTMENTS / INDEPENDENT LIVING

### ADAIR COUNTY

Carriage Park Apartments----- (918) 723-4557  
Westville, OK 74965

Cherokee Nation Housing----- (918) 696-2055

Greystone Place----- (918) 723-4557  
Westville, OK 74965

Hickory Village, Inc.----- (918) 696-5900  
Stilwell, OK 74960

Stilwell Sr. Housing----- (918) 696-3050 Stilwell, OK 74960	<b>SEE AD IN FRONT OF BOOK</b>
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### CHEROKEE COUNTY

Autumn Heights----- (918) 456-5572  
Tahlequah, OK 74464

Cherokee Nation Housing----- (918) 456-8374

Cookson Hills Community Action Sr. Housing----- (918) 316-7141  
Hulbert & Tahlequah *Income based; utility allowance; age 62+*

Davis Retirement----- (918) 456-4000  
Tahlequah, OK 74464

Go-Ye Village----- 1-888-456-2853  
Tahlequah, OK 74464 [www.goyevillage.org](http://www.goyevillage.org)

## APARTMENTS CONTINUED

### CHEROKEE COUNTY

Pecan Creek----- Hulbert, OK 74441	1-800-733-7741 <b>SEE AD IN FRONT OF BOOK</b>
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Proctor Heights----- (918) 772-2177  
Hulbert, OK 74441

Southern Hills Village----- (918) 456-0561  
Tahlequah, OK 74464

Tahlequah Elderly Housing----- (918) 458-5478

Tahlequah Retirement Apartments----- (918) 456-2573

Tahlequah Sr. Housing----- (918) 456-5572

Wisdom Keepers----- Tahlequah, OK 74464	(918) 453-9900 <b>SEE AD IN FRONT OF BOOK</b>
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### McINTOSH COUNTY

Cherokee Nation Housing----- (918) 774-0922  
*For McIntosh, Muskogee, Sequoyah & Wagoner Counties*

Eufaula Village Apartments----- (918) 689-2383  
Eufaula, OK 74432

Muscogee (Creek) Nation Housing ----- (918) 473-5665  
Checotah, OK 74426

Muscogee (Creek) Nation Housing ----- (918) 689-3172  
Eufaula, OK 74432

Sungate Apartments----- Checotah, OK 74426	(918) 473-4053 <b>SEE AD IN FRONT OF BOOK</b>
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## APARTMENTS CONTINUED

### MCINTOSH COUNTY

Wellington Hills----- (918) 689-2508  
Eufaula, OK 74432

Wind Trail Apartments----- (918) 473-4121  
Checotah, OK 74426

### MUSKOGEE COUNTY

Cherokee Nation Housing----- (918) 774-0922  
*For McIntosh, Muskogee, Sequoyah & Wagoner Counties*

Country Gardens----- (918) 686-8100  
Muskogee, OK 74403

Dogwood Creek Retirement Center----- (918) 683-5100  
Muskogee, OK 74403

Fair Haven Senior Apartments----- (918) 682-4300  
Muskogee, OK 74403

Fort Gibson Nursing Home & Apartments----- (918) 478-2456  
Fort Gibson, OK 74434

Greenleaf Senior Apartments----- (918) 687-3757  
Muskogee, OK 74403

Honors Heights Towers----- (918) 687-6301  
Muskogee, OK 74401

Kate Frank Apartments----- (918) 687-8002  
Muskogee, OK 74401

Keetowah Village Apartments----- (918) 683-5672  
Muskogee, OK 74403

## APARTMENTS CONTINUED

### MUSKOGEE COUNTY

Magnolia Gardens----- (918) 683-8388  
Muskogee, OK 74403

Silver Leaf Apartments----- (918) 482-5976  
Haskell, OK 74436 **SEE AD IN FRONT OF BOOK**

Summer Ridge Senior Housing----- (918) 681-1670  
Muskogee, OK 74403

Surety Apartments (age 62+)----- (918) 681-4545  
Muskogee, OK 74401

### OKMULGEE COUNTY

Baptist Village Apartments----- (918) 756-5377  
Okmulgee, OK 74447

Beggs Elderly & Disabled Apartments----- (918) 267-3211  
Beggs, OK 74421

Briarwood Apartments----- (918) 756-3356  
Okmulgee, OK 74447

Clearview Apartments----- (918) 652-9988  
Henryetta, OK 74437

Creek Forest Apartments----- (918) 756-8911  
Okmulgee, OK 74447

Creek Nation Apartments for Elderly----- (918) 756-2920  
Okmulgee, OK 74447

Creek Village Apartments----- (918) 756-4423  
Okmulgee, OK 74447

Hess Apartments----- (918) 756-0304  
Okmulgee, OK 74447

## APARTMENTS CONTINUED

### OKMULGEE COUNTY

New Lake Apartments----- (918) 652-9629  
Henryetta, OK 74437

Ridgecreek Apartments----- (918) 756-1298  
Okmulgee, OK 74447

Sugar Busk Apartments----- (918) 733-4362 Morris, OK 74445	<b>SEE AD IN FRONT OF BOOK</b>
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Terrace Apartments----- (918) 756-0552  
Okmulgee, OK 74447

### SEQUOYAH COUNTY

Carrington Village----- (918) 775-4896  
Sallisaw, OK 74955

Cherokee Nation Housing----- (918) 774-0922  
*For McIntosh, Muskogee, Sequoyah & Wagoner Counties*

Garden Walk Apartments----- (918) 775-6717  
Sallisaw, OK 74955

Muldrow----- (918) 427-7127

Roland----- (918) 427-4313

Vian----- (918) 773-8093

Northview Estates (Homes)----- (918) 773-3038 Vian, OK 74962	<b>SEE AD IN FRONT OF BOOK</b>
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Parkview Apartments----- (918) 489-2757  
Gore, OK 74435

Pretty Village Apartments----- (918) 427-6774  
Muldrow, OK 74948

## APARTMENTS CONTINUED

### SEQUOYAH COUNTY

- Roland Village Apartments----- (918) 427-6636  
Roland, OK 74954
- Savannah Park----- (918) 773-8537  
Vian, OK 74962
- TSA-LA-GI Apartments----- (918) 775-6208  
Sallisaw, OK 74955
- Village West Apartments----- (918) 775-9292  
Sallisaw, OK 74955

### WAGONER COUNTY

- Avondale Cottage----- (918) 485-1612  
Wagoner, OK 74467

Brighton Arms Apartments----- Wagoner, OK 74467      TDD 1-800-733-7741	(918) 485-3372 <b>SEE AD IN FRONT OF BOOK</b>
Carriage Crossing Retirement Village----- Coweta, OK 74429      TDD 1-800-733-7741	(918) 486-4460 <b>SEE AD IN FRONT OF BOOK</b>
Cherokee Nation Housing----- <i>For McIntosh, Muskogee, Sequoyah &amp; Wagoner Counties</i>	(918) 774-0922
Country Village Apartments----- Coweta, OK 74429	(918) 486-6240
Cross Timbers----- Wagoner, OK 74467	(918) 485-3372 <b>SEE AD IN FRONT OF BOOK</b>
Indian Hills Apartments----- Catoosa, OK 74108	(918) 266-5756

## APARTMENTS CONTINUED

### WAGONER COUNTY

Riverpointe Apartments----- (918) 485-9200  
Wagoner, OK 74467

Steeple Chase Apartments----- (918) 279-1147  
Coweta, OK 74429

Vineyards----- (918) 485-3372 Wagoner, OK 74467	<b>SEE AD IN FRONT OF BOOK</b>
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Westview Apartments----- (918) 485-1620  
Wagoner, OK 74467

Yorkshire Villas (Senior Duplexes)----- (918) 485-8885  
Wagoner, OK 74467

Yorkshire Retirement Village----- (918) 485-8094 Wagoner, OK 74467	TDD 1-800-733-7741	<b>SEE AD IN FRONT OF BOOK</b>
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## HOUSING ASSISTANCE

Cherokee Nation Housing Assistance Program----- (918) 453-5000  
Tahlequah, OK 74464  
*Low Income Rental Housing, Rental & Mortgage Assist & Housing Rehab*

City of Muskogee Neighborhood Development Program----- (918) 684-6232  
*Must reside within the city limits of Muskogee.*

Community Action Resource & Development (CARD)----- (918) 341-5000  
Claremore, OK 74017  
*For Wagoner County: Homebuyers Assistance & Housing Initiative Prgm*

Deep Fork Community Action Self-Help Housing Program----- (918) 756-2826  
*For McIntosh, Muskogee, Okmulgee & Wagoner Counties*

Habitat for Humanity----- (918) 687-1470  
Muskogee, OK 74402

**HOUSING ASSISTANCE CONTINUED**

Muscogee (Creek) Nation Housing Division----- Okmulgee, OK 74447 <i>Home Ownership, Construction Services, Mortgage Assist, &amp; Rentals</i>	(918) 756-8504
USDA Rural Housing Services----- <i>Low Income Housing Repair Program (Grants &amp; Loan Interest Loans)</i> <i>Counties Covered: Adair, Cherokee, Muskogee, Okmulgee &amp; Wagoner</i>	(918) 686-0669
USDA Rural Housing Services----- <i>for McIntosh &amp; Sequoyah Counties</i>	(918) 423-4073

**HOUSING AUTHORITIES**

Oklahoma Housing Finance Authority (OHFA)-----	1-800-256-1489
ADAIR COUNTY	
Cherokee Nation Housing Authority-----	(918) 696-2055
Stilwell Housing Authority-----	(918) 696-2494
CHEROKEE COUNTY	
Cherokee Nation Housing Authority-----	(918) 456-5482
MUSKOGEE COUNTY	
Fort Gibson Housing Authority-----	(918) 478-2051
Muscogee (Creek) Nation Housing Division-----	(918) 756-8504
Muskogee Housing Authority-----	(918) 687-6301
OKMULGEE COUNTY	
Beggs Housing Authority-----	(918) 267-3211
Henryetta Housing Authority-----	(918) 652-9651
Muscogee (Creek) Nation Housing Division-----	(918) 756-8504

# INFORMATION & ASSISTANCE SERVICES

*See also ADVOCACY, CONSUMER HELP & VETERAN'S SERVICES*

EODD Area Agency on Aging----- 1012 No. 38 <sup>th</sup> / PO Box 1367 Muskogee, OK 74402-1367 <i>Counties Served: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah &amp; Wagoner</i>	(918) 682-7891  1-800-211-2116
<i>The Area Agency on Aging plans, coordinates &amp; advocates community-based service delivery systems to meet the needs of older Oklahomans. Services provided include nutrition, transportation, outreach, legal, information &amp; assistance, &amp; long-term care Ombudsman, caregiver services &amp; case management.</i>	

211 (Get Connected, Get Answers)-----	211
AIRSO (Alliance of Information & Referral Systems of OK)----- PO Box 53373 Oklahoma City, OK 73152	(918) 682-7891
BIA (Bureau of Indian Affairs)-----	(918) 756-3950
Capital Straight Line-----	1-800-522-8556
Cherokee Nation Tribal Office-----	(918) 456-0671
Creek Nation Tribal Office-----	(918) 756-8700
Eldercare Locator-----	1-800-677-1116
OASIS-----	1-888-771-4550

## IN-HOME SERVICES

*(Non-medical in-home care)*

*See also HOME HEALTH*

Angel Helpers Senior Care----- <i>Serving: Muskogee, Tahlequah, Stilwell &amp; Wagoner Areas</i> <i>Companionship, Respite, Laundry, Housekeeping, Transportation, Bathing assistance</i>	(918) 351-8652 <b>SEE AD IN FRONT OF BOOK</b>
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Comfort Keepers----- (918) 274-6566

Health Care Innovations----- <i>Respite, Laundry, Light Housekeeping, errands, shopping</i>	1-866-660-4424 <b>SEE AD IN FRONT OF BOOK</b>
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Quality Home Care----- (918) 681-4008  
 Muskogee, OK 74402

Stay Home Services----- (918) 682-3688  
 Muskogee, OK

TLC Tender Loving Caregivers----- (918) 392-0595  
 Tulsa, OK

## INTERPRETER SERVICES

### HEARING IMPAIRED

Operator of Deaf Services----- 1-800-332-1124  
 Tulsa Speech & Hearing Association----- (918) 832-8742

### LANGUAGE

CHEROKEE—Cherokee Nation----- (918) 456-0671  
 CREEK—Creek Nation----- (918) 756-8700  
 SPANISH-Hugo Sanchez----- (918) 683-5890

### VISUALLY IMPAIRED

Visual Services----- (918) 684-5331

# LEGAL SERVICES

*See also ADVOCACY and CONSUMER HELP*

Legal Services of Oklahoma provides free or low-cost legal services to senior citizens 60 and older. Some of the services include: public benefits' hearings and appeals – Social Security, VA, DHS; termination of joint tenancy; consumer complaints; simple wills; guardianships; and others.

Legal Aid Services of Oklahoma (entire state)-----	1-800-725-5681
Legal Aid Services of OK—Adair Co.----- 219 W. Division Stilwell, OK 74960	1-800-574-2331 (918) 696-2331
Legal Aid Services of OK----- Cherokee, McIntosh, Okmulgee, Sequoyah & Wagoner Counties	1-888-534-5243
Legal Aid Services of OK—Muskogee Co.----- 323 W. Broadway Suite 408 Muskogee, OK 74401	1-800-725-5681 (918) 683-5681
Muskogee County Law Library-----	(918) 682-0248
OK Bar Association-----	(405) 416-7000
OK Disability Law Center-----	1-800-880-7755
OK Indian Legal Services-----	1-800-658-1497 (405) 528-5500
SENIOR Info-Line-----	1-800-211-2116
Statewide Lawyer Referral Service-----	1-800-522-8570 (405) 235-6022

# LIBRARIES

## ADAIR CO.

John F. Henderson Library----- 1-888-291-8147  
116 No. Williams / PO Box 580 (918) 723-5002  
Westville, OK 74965

Stilwell Public Library----- 1-888-378-8947  
5 No. 6<sup>th</sup> St. (918) 696-7512  
Stilwell, OK 74960

## CHEROKEE CO.

Hulbert Community Library----- 1-888-291-8149  
210 No. Broadway / PO Box 148 (918) 772-3383  
Hulbert, OK 74441

Northeastern State University----- 1-800-722-9614  
600 No. Grand Ave.  
Tahlequah, OK 74464

Tahlequah Public Library----- 1-888-291-8129  
120 So. College (918) 456-2581  
Tahlequah, OK 74464

Tsa-La-Gi Library----- (918) 458-0577  
124 E. Choctaw  
Tahlequah, OK 74464

## McINTOSH CO.

Jim Lucas Library----- 1-877-473-6715  
626 W. Gentry Ave (918) 473-6715  
Checotah, OK 74426

Eufaula Memorial Library----- 1-888-291-8148  
301 So. 1<sup>st</sup> St (918) 689-2291  
Eufaula, OK 74432

## LIBRARIES CONTINUED

### MUSKOGEE CO.

Bacone College----- (918) 682-4581  
2299 Old Bacone Rd  
Muskogee, OK 74403

Q.B. Boydston City Library----- 1-888-291-8151  
201 E. South Ave. / PO Box 700 (918) 478-3587  
Fort Gibson, OK 74434

Muskogee Public Library----- 1-888-291-8152  
801 W. Okmulgee Ave. (918) 682-6657  
Muskogee, OK 74401

Rieger Memorial Library----- 1-877-482-3614  
116 No. Broadway Ave / PO Box 429 (918) 482-3614  
Haskell, OK 74436

Warner Public Library----- 1-888-234-0606  
Warner, OK 74469 (918) 463-2363

### OKMULGEE CO.

Henryetta Public Library----- (918) 652-7377  
Henryetta, OK 74437

Okmulgee Public Library----- (918) 456-1448  
218 So. Okmulgee Ave.  
Okmulgee, OK 74447

### SEQUOYAH CO.

Muldrow Public Library----- 1-888-291-8153  
711 W. Shawntel Blvd. (918) 427-6703  
Muldrow, OK 74948

Roland Public Library----- (918) 427-0711  
Roland, OK 74954

## LIBRARIES CONTINUED

Stanley Tubs Memorial Library----- 1-888-291-8154  
101 E. Cherokee (918) 775-4481  
Sallisaw, OK 74955

### WAGONER CO.

John F. Raper Memorial Library (Coweta Public Library)----- (918) 486-6532  
101 Sycamore / PO Box 850  
Coweta, OK 74429

Wagoner Public Library----- (918) 485-2126  
302 No. Main  
Wagoner, OK 74467

## LONG-TERM CARE

*See ASSISTED LIVING, NURSING HOMES, RESIDENTIAL CARE HOMES*

## MEDICAL EQUIPMENT

*See also Assistive Devices & Disabilities*

Grace Medical Equipment----- Tahlequah, OK 74464	1-877-472-2363 <b>SEE AD IN FRONT OF BOOK</b>
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Medical Equipment Affiliates----- 1-866456-4797  
Tahlequah, OK 74464 (918) 456-4797

Mobility Plus, Inc.----- 1-800-731-3733  
Muskogee, OK 74401 (918) 686-0218

OK Agrability (*farm equipment for 60+ with disabilities*)----- 1-888-885-5588

# MEDICARE

See also SOCIAL SECURITY/SSI/MEDICARE

Medicare Hotlines----- 1-800-633-4227  
[www.medicare.gov](http://www.medicare.gov) TTY/TDD 1-877-486-2048

Senior Health Insurance Counseling Program (SHIP)----- 1-866-664-9009  
*At Life Senior Services (Northeast OK)*

Senior Health Insurance Counseling Program (SHIP)----- 1-800-763-2828  
*(Statewide for OK)* **SEE AD IN FRONT OF BOOK**

Senior Life Services----- (918) 664-9000

EODD Area Agency on Aging----- (918) 682-7891  
*Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee,  
Sequoyah & Wagoner Counties*

# MENTAL HEALTH / SUBSTANCE ABUSE

## HOTLINES

OK Department of Mental Health----- (405) 271-8535  
[www.okdmhsas.org](http://www.okdmhsas.org)

Reach Out (Mental Health Hotline)----- 1-800-522-6054

SUICIDE Hotline----- 1-800-273-TALK

## INPATIENT TREATMENT –MENTAL HEALTH

Henryetta Psychiatric Unit, Henryetta Hospital----- 1-800-219-5298  
Henryetta, OK 74437

H.O.P.E. Program—*Psychiatric Evaluation*----- 1-877-821-0082  
Okmulgee, OK 74447

**MENTAL HEALTH/SUBSTANCE ABUSE CONTINUED**

Solutions, Tahlequah City Hospital—*Geriatric Psych Unit*----- (918) 453-2300  
Tahlequah, OK 74464  
[www.tch-ok.org](http://www.tch-ok.org)

The Pavillion, Muskogee Regional Medical Center----- (918) 684-2300  
Muskogee, OK 74401

Wagoner Community Hospital-Psych Unit----- (918) 485-8404  
Wagoner, OK 74467

**INPATIENT TREATMENT-SUBSTANCE ABUSE**

Bill Willis Community Mental Health & Substance Abuse----- (918) 207-3000  
Tahlequah, OK 74465

Monarch, Inc.----- (918) 683-0124  
Muskogee, OK 74401

**OUTPATIENT COUNSELING-Mental Health & Substance Abuse**

**ADAIR CO.**

Bill Willis Community Mental Health----- (918) 696-6212  
Stilwell, OK 74960

People, Inc.----- (918) 696-6900  
Stilwell, OK 74960

**CHEROKEE CO.**

Bill Willis Community Mental Health----- (918) 207-3000  
Tahlequah, OK 74465

Blue Sky Behavioral Health----- (918) 681-1113  
Muskogee, OK 74403  
*Does not accept insurance*

Multi-County Alcohol/Drug Counseling----- (918) 458-0113  
Tahlequah, OK 74464

## **MENTAL HEALTH/SUBSTANCE ABUSE CONTINUED**

### **CHEROKEE COUNTY**

People, Inc.----- (918) 453-1217  
Tahlequah, OK 74464

### **McINTOSH COUNTY**

Blue Sky Behavioral Health----- (918) 681-1113  
Muskogee, OK 74403  
*Does not accept insurance*

Green Country Mental Health Services----- (918) 689-3357  
Eufaula, OK 74432

Muskogee (Creek) Nation Behavioral Health & Substance ----- (918) 618-2168  
Eufaula, OK 74434

People, Inc.----- (918) 689-9064  
Eufaula, OK 74432

### **MUSKOGEE COUNTY**

Blue Sky Behavioral Health----- (918) 681-1113  
502 E. Cincinnati Ave.  
Muskogee, OK 74403  
*Does not accept insurance*

Green Country Mental Health Services----- (918) 682-8407  
Muskogee, OK 74401

### **OKMULGEE COUNTY**

Blue Sky Behavioral Health----- (918) 681-1113  
Muskogee, OK 74403  
*Does not accept insurance*

## MENTAL HEALTH/SUBSTANCE ABUSE CONTINUED

### OKMULGEE COUNTY

Creeks Mental Health Services, Inc.----- (918) 756-9411  
Okmulgee, OK 74447

Muscogee (Creek) Nation Behavioral Health & Substance ----- (918) 758-1910  
Okmulgee, OK 74447

OSU Centers for Health-Tri County Services-Mental Health----- (918) 756-6211,  
Okmulgee, OK 74447 ext 247

### SEQUOYAH COUNTY

Bill Willis Community Mental Health Services----- (918) 775-5513  
Sallisaw, OK 74955

Blue Sky Behavioral Health----- (918) 681-1113  
Muskogee, OK 74403  
*Does not accept insurance*

Cherokee Nation Alcoholism Program----- (918) 775-2759  
Sallisaw, OK 74955

OK Treatment Services, LLC (Substance Abuse)----- (918) 427-3344  
Roland, OK 74954

Opportunity House (Day Treatment)----- (918) 775-3081  
Sallisaw, OK 74955

People, Inc.----- (918) 775-7787  
Sallisaw, OK 74955

### WAGONER COUNTY

Blue Sky Behavioral Health----- (918) 681-1113  
Muskogee, OK 74403  
*Does not accept insurance*

## **MENTAL HEALTH/SUBSTANCE ABUSE CONTINUED**

### **WAGONER COUNTY**

Eagle Ridge Institute Alcohol & Drug Program----- (918) 485-3554  
109 So. Harrill  
Wagoner, OK 74467

Muscogee (Creek) Nation Behavioral Health & Substance ----- (918) 279-3471  
Abuse  
31870 E. Hwy 51  
Coweta, OK 74429

Senior Outpatient Geriatric Services, Wagoner Hospital----- (918) 485-5514  
1200 W. Cherokee, Suite G  
Wagoner, OK 74467

### **RESIDENTIAL GROUP HOMES-Mental Health**

*See RESIDENTIAL CARE HOME*

### **REGIONAL SERVICE PROVIDERS**

Day Springs Services of OK, Inc.----- (918) 832-0859  
1133 A So. Memorial Dr.  
Tulsa, OK 74112

Doctors Hospital----- (918) 744-5565  
2323 So. Harvard  
Tulsa, OK 74114

Washington Regional Medical Center----- (501) 587-2686  
1125 No. College Ave.  
Fayetteville, AR 72703

# **SENIOR INFO LINE**

# **1-800-211-2116**

# NURSING HOMES

See also: ASSISTED LIVING, HOUSING, RESIDENTAL CARE HOMES

\*ICF/MR = Intermediate Care Facility for People w/ Mental Retardation

## NURSING HOME COMPLAINTS

See ABUSE (ELDER)

## NURSING HOME FACILITIES

### ADAIR CO.

Stilwell Nursing Home----- (918) 696-7715  
Stilwell, OK 74960  
*Medicaid, Medicare*

### CHEROKEE CO.

Cherokee Co. Nursing Home----- (918) 456-3456  
Tahlequah, OK 74464  
*Medicare, Medicaid*

Go Ye Village Medical Center (Nsg Home)----- (918) 456-4542  
Tahlequah, OK 74464  
*Private Pay*

Grace Living Center-East----- (918) 456-2573  
Tahlequah, OK 74464  
*Medicare, Medicaid*

Grace Living Center-University Northwest----- (918) 456-6181  
Tahlequah, OK 74464  
*Alzheimer's Unit; Medicare, Medicaid, VA*

### McINTOSH CO.

Checotah Manor, Inc.----- (918) 473-2251  
Checotah, OK 74426  
*Medicare, Medicaid*

## **NURSING HOMES CONTINUED**

### MCINTOSH COUNTY

Eufaula Manor-----	(918) 689-3211
Eufaula, OK 74432	
<i>Medicare, Medicaid</i>	
Wellington Hills Nursing Home-----	(918) 689-2508
Eufaula, OK 74432	
<i>Medicare, Medicaid</i>	

### MUSKOGEE CO.

Brentwood Extended Care Nursing Home-----	(918) 683-8070
Muskogee, OK 74401	
<i>Medicare, Medicaid</i>	
Broadway Manor-----	(918) 683-2851
Muskogee, OK 74403	
<i>Medicare, Medicaid, VA</i>	
Countryside Estates-----	(918) 463-5143
Warner, OK 74469	
<i>Medicare, Medicaid</i>	
Eastgate Village Retirement Center-----	(918) 682-3191
Muskogee, OK 74403	
<i>Medicare, Medicaid, VA</i>	
Fort Gibson Nursing Home-----	(918) 478-2456
Fort Gibson, OK 74434	
<i>Medicare, Medicaid</i>	
Grace Living Center-----	(918) 683-2914
Muskogee, OK 74401	
<i>Medicare, Medicaid, VA</i>	
Haskell Manor-----	(918) 482-3310
Haskell, OK 74436	
<i>Medicare, Medicaid</i>	

## NURSING HOMES CONTINUED

### MUSKOGEE COUNTY

Muskogee Nursing Home----- (918) 682-9232  
*Medicare, Medicaid*

Pleasant Valley Health Care----- (918) 682-5391  
Muskogee, OK 74403  
*Medicare, Medicaid, VA*

York Manor----- (918) 682-6724  
Muskogee, OK 74403  
*Medicare, Medicaid*

### OKMULGEE CO.

Bono Nursing Home----- (918) 652-8797  
Henryetta, OK 74437  
*Medicare, Medicaid*

Country Lane----- (918) 267-3362  
Beggs, OK 74421  
*ICF/MR; Medicaid*

Fountain View Manor----- (918) 652-7021  
Henryetta, OK 74437  
*Medicare, Medicaid*

George Nigh Rehabilitation Institute----- (918) 756-9211  
Okmulgee, OK 74447  
*Medicaid, Medicare*

Highland Park----- (918) 756-5611  
Okmulgee, OK 74447  
*Medicare, Medicaid, VA*

Lake Drive Home----- (918) 652-5106  
Henryetta, OK 74437  
*ICF/MR; Medicaid*

## NURSING HOMES CONTINUED

### OKMULGEE COUNTY

Lexington Place----- (918) 652-5106  
Okmulgee, OK 74447  
*ICF/MR; Medicaid*

Liberty Place----- (918) 652-5106  
Okmulgee, OK 74447  
*ICF/MR; Medicaid*

McCurdy Place----- (918) 652-5106  
Okmulgee, OK 74447  
*ICF/MR; Medicaid*

Okmulgee Terrace Nursing Home----- (918) 756-3556  
Okmulgee, OK 74447  
*ICF/MR; Medicare, Medicaid*

Rebold Manor----- (918) 756-1967  
Okmulgee, OK 74447  
*Medicare, Medicaid*

Taft Place----- (918) 652-5106  
Okmulgee, OK 74447  
*ICF/MR; Medicaid*

### SEQUOYAH CO.

Community Care of Gore----- (918) 489-2299  
Gore, OK 74435  
*Medicare, Medicaid, VA*

Sequoyah East Nursing Home----- (918) 427-7401  
Roland, OK 74954  
*Medicare, Medicaid*

Sequoyah Manor----- (918) 775-7881  
Sequoyah, OK 74955  
*Medicare, Medicaid, VA*

## NURSING HOMES CONTINUED

### SEQUOYAH COUNTY

Vian Nursing Home----- (918) 773-5258  
 Vian, OK 74962  
 Medicare, Medicaid, VA

### WAGONER CO.

Coweta Manor----- (918) 486-2166  
 Coweta, OK 74429  
 Medicare, Medicaid

Wagoner Care Center----- (918) 485-2203  
 Wagoner, OK 74467  
 Medicare, Medicaid

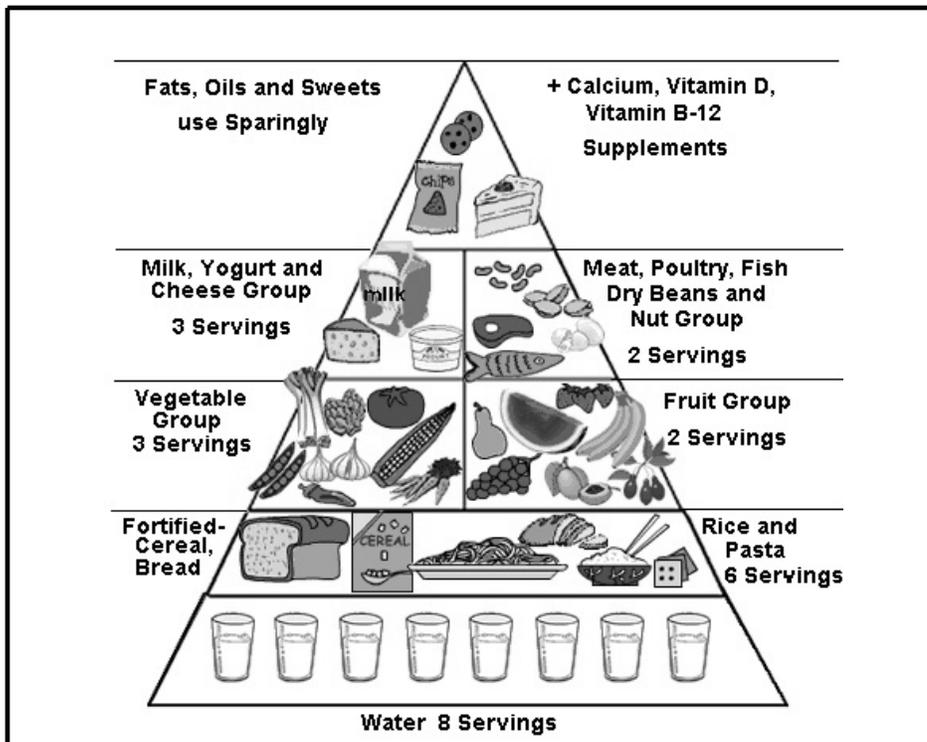
# NUTRITION COUNSELING/EDUCATION

See also EDUCATION and NUTRITION

1-800-211-2116

OSU Extension Offices -----

See EDUCATION



# NUTRITION / SENIOR CENTERS

See also: SENIOR ORGANIZATIONS

## ADAIR COUNTY

Greasy Community Fellowship Org-Cherokee Nation Program----- (918) 696-4365  
Bunch, OK 74931

Stilwell Nutrition Center----- (918) 696-2791  
320 North Sixth  
Stilwell, OK 74960

Watts Nutrition Center----- (918) 422-5330  
Fire Department Building  
Watts, OK 74964

Westville Nutrition Center----- (918) 723-4936  
Dottie West Community Building/ P.O. Box 918  
Westville, OK 74965

## CHEROKEE COUNTY

Cookson Hills Center ----- (918)457-5181  
32035 Hwy. 82 South / P.O. Box 130  
Cookson, OK 74427

Dry Creek Community Organization *Cherokee Nation Program*----- (918)457-5023  
31001 S 584 Rd /Mailing 30402 S 584 Rd  
Bunch, OK 74931

Flint Ridge Senior Center ----- (918)597-2766  
Deer Valley Club House/1 Pioneer Court  
Kansas, OK 74347  
*Tuesday & Thursday 11:00 – 1:00*

## NUTRITION/SENIOR CENTERS CONTINUED

CHEROKEE COUNTY	(918) 772-2077
Hulbert Nutrition Center----- Hulbert, OK 74441	
Peggs Community Center----- 11050 E. Hickory / P.O. Box 54 Peggs, OK 74452 <i>Monday – Thursday 10:00 – 2:00</i>	(918)598-3999
Tahlequah Nutrition Center----- 230 East First Street Tahlequah, OK 74464	(918) 456-0792
Tailholt Community Organization <i>Cherokee Nation Program</i> ----- 26229 E 813 Rd / PO Box 88 Welling, OK 74471	(918)431-0065
McINTOSH COUNTY	
Checotah Nutrition Center ----- 611 N. Broadway Checotah, OK 74426	(918) 473-6741
Cherokee Nation Nutrition-Porum Comm. Ctr.----- Porum, OK 74455	(918) 484-2181
Creek Nation Elderly Nutrition-Eufaula----- 800 W. Forest Eufaula, OK 74432	(918) 689-9191
Eufaula Senior Center & Nutrition Program----- 121 High Street Eufaula, OK 74432	(918) 689-3342

## NUTRITION/SENIOR CENTERS CONTINUED

### McINTOSH COUNTY

Hanna Senior & Nutrition Program----- Hanna, OK 74845	(918) 657-2500
Oak Grove Community Center----- Oak Grove Rd / PO Box 868 Eufaula, OK 74432 <i>Monday, Wednesday &amp; Thursday 8:00 – 12:00</i>	(918) 689-7277
Onapa Community Seniors----- 4900 Old Hwy 69 / Onapa Fire Dept. Checotah, OK 74426 <i>2<sup>nd</sup> Saturday 8:00 -12:00; last Thursday of month 7:00 – 9:00 p.m.</i>	(918) 689-0232
Porum Landing Seniors----- Porum Landing Fire Dept/Texanna Rd/ PO Box 24 Porum, OK 74455 <i>2<sup>nd</sup> &amp; 4<sup>th</sup> Tuesday each month 11:00 – 1:00</i>	(918) 484-5286
Potter's House----- 101 W. North Ave / PO Box 528 Checotah, OK 74426 <i>Times vary; call for information</i>	(918) 473-7773
Rentiesville Sr. Center----- 101 N McIntosh / PO Box 58 Rentiesville, OK 74459 <i>Tuesday – Thursday 8:00 – 2:00</i>	(918) 473-1577
Stidham Community Center----- Stidham Community Bldg. Stidham, OK 74461	(918) 689-2346

## NUTRITION/SENIOR CENTERS CONTINUED

### MUSKOGEE CO.

Boynton Sr. Citizens Nutrition Site----- (918) 472-7376  
300 W. Miller  
Boynton, OK 74422

Braggs Community Center----- (918) 487-7295  
VFW Bldg. / PO Box 149  
Braggs, OK 74423  
*Every other Tuesday 9:00 – 1:00*

Council Hill Community Center----- (918) 474-3777  
Hwy 72 & Main St. / PO Box 101  
Council Hill, OK 74428  
*Wednesdays 10:00 – 1:00*

Creek Nation Elderly Nutrition Center-Muskogee----- (918) 682-4904  
111 So. Virginia  
Muskogee, OK 74401

First United Methodist Church----- (918) 682-3368  
600 E. Okmulgee  
Muskogee, OK 74403  
*3<sup>rd</sup> Thursday each month 12:00 – 1:30*

Haskell Sr. Center/Nutrition Program----- (918) 482-5988  
304 W. Commercial / PO Box 254  
Haskell, OK 74436

Keenagers----- (918) 682-3496  
111 So. 7<sup>th</sup> St.  
Muskogee, OK 74401  
*Mondays every Monday at 11:30 for senior adults*

Kiwanis Senior Center----- (918) 684-6302  
119 Spaulding / 837 E. Okmulgee  
Muskogee, OK 74403  
*Monday – Friday 8:00 – 4:30*

## **NUTRITION/SENIOR CENTERS CONTINUED**

### MUSKOGEE COUNTY

Martin Luther King Center----- 627 No. 3 <sup>rd</sup> St. / 837 E. Okmulgee Muskogee, OK 74403 <i>Tuesday &amp; Thursday 10:00 – 6:00</i>	(918) 684-6314
Muskogee-Douglas Nutrition Site-Rayfield Baptist Church----- 602 Indianapolis Muskogee, OK 74401	(918) 683-7282
Muskogee-Fair Haven Nutrition Site-Fair Haven Apts.----- 500 Dayton Muskogee, OK 74403	(918) 682-4300
Muskogee-Honor Heights Towers Nutrition Center----- 300 No. 40 <sup>th</sup> / PO Box 453 Muskogee, OK 74401	(918) 687-5232
New Life Ministries----- 202 So. Main / PO Box 332 Taft, OK 74463 <i>Wednesday &amp; Fridays 10:00 – 2:00</i>	(918) 686-7874
PT Cruiser’s Fellowship Dinner----- 3100 Gulick Muskogee, OK 74401 <i>1<sup>st</sup> Monday each month 6:30 p.m.</i>	(918) 682-9000
Summit Senior Site----- 4900 Chimney Mt. Rd. Muskogee, OK 74401	(918) 682-8844
Wainwright Seniors----- Wainwright Fire Dept / PO Box 83 Wainwright, OK 74468 <i>Tuesdays 10:30 – 1:00</i>	(918) 474-3999

## **NUTRITION/SENIOR CENTERS CONTINUED**

### MUSKOGEE COUNTY

Warner Senior Citizens----- (918) 463-2222  
Corner of 8<sup>th</sup> & 3<sup>rd</sup> Ave. / PO Box 287  
Warner, OK 74469  
*Tuesdays – Thursdays 9:00 – 1:30*

### OKMULGEE CO.

Beggs Senior Nutrition----- (918) 267-4103  
Housing Authority Bldg/ PO Box 627  
Beggs, OK 74421

Creek Nation Elderly Nutrition—Dewar----- (918) 652-3310  
402 Louetta St.  
Dewar, OK 74431

Creek Nation Elderly Nutrition—Okmulgee----- (918) 756-2982  
2951 Martha Berryhill Road  
Okmulgee, OK 74447

Creek Nation Elderly Nutrition—Salem Ryal----- (918) 650-9955  
Rt. 2 Box 385 / Salem Fire Dept.  
Henryetta, OK 74437

Dewar Senior Center----- (918) 652-8062  
City Hall / PO Box 163  
Dewar, OK 74431

Henryetta Senior Center----- (918) 652-3086  
211 So. 11<sup>th</sup> St.  
Henryetta, OK 74437

Morris Senior Center----- (918) 733-4655  
501 W. Young  
Morris, OK 74445

## **NUTRITION/SENIOR CENTERS CONTINUED**

### OKMULGEE COUNTY

Okmulgee Senior Center----- 1023 No. Seminole Okmulgee, OK 74447	(918) 756-8570
Schulter Community Center----- 13450 Fern St. / PO Box 264 Schulter, OK 74460	(918) 652-2093

### SEQUOYAH

Cherokee Nation Nutrition—Belfonte----- Muldrow, OK 74948	(918) 427-1434
Cherokee Nation Nutrition—Evening Shade----- Vian, OK 74962	(918) 773-5242
Cherokee Nation Nutrition—Flute Springs----- Marble City, OK 74945	(918) 775-5905
Cherokee Nation Nutrition—Tsa La Gi Sallisaw----- 406 Ruth Sallisaw, OK 74955	(918) 775-6834
Gans Senior Center----- 102 So. Stacey / PO Box 2 Gans, OK 74936	(918) 775-2411
Gore Nutrition Center----- Steve Owens Sports Complex Gore, OK 74435	(918) 489-5320
Marble City Community Organization----- 711 No. Main / PO Box 85 Marble City, OK 74945	(918) 774-0074

## **NUTRITION/SENIOR CENTERS CONTINUED**

### SEQUOYAH COUNTY

Muldrow Senior Center----- (918) 427-6666  
306 N.W. First St  
Muldrow, OK 74948

Roland Senior Center----- (918) 427-6843  
507 So. Roland Rd. / PO Box 49  
Roland, OK 74954

Sallisaw Senior Center----- (918) 775-6855  
215 W. Redwood  
Sallisaw, OK 74955

Vian Senior Center----- (918) 773-8787  
Vian, OK 74962

### WAGONER CO.

Coweta Nutrition Site—Carriage Crossings Apts.----- (918) 486-5066  
28505 E. 141<sup>st</sup> St.  
Coweta, OK 74429

Creek Nation Elderly Nutrition—Coweta----- (918) 759-7000  
Ben Lumpkin Rd 141 North / Box 22  
Coweta, OK 74429

Okay Area Senior Citizens----- (918) 682-0255  
3701 E. 75<sup>th</sup> No. / PO Box 744  
Okay, OK 74446

Porter Nutrition Site----- (918) 483-4361  
City Hall / PO Box 17  
Porter, OK 74454

Rolling Hills Nutrition Center----- (918) 266-3738  
20 So. 200 East Ave.  
Tulsa, OK 74108

## **NUTRITION/SENIOR CENTERS CONTINUED**

### WAGONER COUNTY

Wagoner Senior Center----- (918) 485-8275  
2200 W. Wellington  
Wagoner, OK 74467

## **OUTREACH SERVICES**

MCCAF Senior Nutrition Program----- (918) 577-6896  
*McIntosh, Muskogee, Okmulgee & Wagoner Counties*

SAC Nutrition Program----- (918) 775-7708  
*Adair, Cherokee & Sequoyah Counties*

## **PARKING DECALS**

*See DISABILITIES*

*Keep records of your healthcare appointments.  
Call 1-888-967-9100 for your free healthcare journal*

# RESIDENTIAL CARE HOMES

See also ASSISTED LIVING, HOUSING & NURSING HOMES

## ADAIR CO.

Lake Francis Residential Care (918) 422-9907  
Watts, OK 74964  
*SSI & Medicaid*

## CHEROKEE CO.

Go Ye Village Residential Care----- (918) 456-4542  
1201 W. 4<sup>th</sup> St  
Tahlequah, OK 74464  
*Private Pay*

Green Acres Residential Care----- (918) 456-8677  
Rt. E Box 138  
Tahlequah, OK 74464  
*SSI, Medicaid*

Sugar Mountain Retreat----- (918) 456-1010  
25376 So. Welling Rd.  
Welling, OK 74471  
*SSI & Medicaid*

## McINTOSH CO.

North Fork Retirement Community----- (918) 689-7997  
Eufaula, OK 74432  
*Medicaid, VA*

## OKMULGEE CO.

Okmulgee Baptist Village----- (918) 756-5377  
1500 W. 6<sup>th</sup> St  
Okmulgee, OK 74447  
*Private Pay*

## RESIDENTIAL CARE HOMES CONTINUED

### SEQUOYAH CO.

Sequoyah Residential Care----- (918) 775-7752  
103 No. Wheeler  
Sallisaw, OK 74955  
*Medicaid, SSI*

### WAGONER CO.

New Beginnings Residential Care----- (918) 483-1425  
105 So. 4<sup>th</sup> St.  
Redbird, OK 74458  
*Medicaid, SSI*

Wagoner Residential Care----- (918) 485-2203  
205 Lincoln  
Wagoner, OK 74467  
*Medicaid, VA*

## RESPIRE

EODD Area Agency on Aging----- 1-800-211-2116  
(918) 682-7891

OASIS----- 1-888-771-4550  
1-800-426-2747

Quality Home Care Assistance----- (918) 681-4008

Stay Home Services----- (918) 682-3688  
4121 Howard St.  
Muskogee, OK 74401

TLC Tender Loving Caregivers----- (918) 392-0595  
Tulsa, OK

## REVERSE MORTGAGE

See *FINANCIAL GUIDANCE*

## SENIOR CENTERS

See *NUTRITION / SENIOR CENTERS*

## SENIOR ORGANIZATIONS

See also: *NUTRITION / SENIOR CENTERS*

*Note that most local nutrition centers have planned activities & health screenings. Please contact one in your area for a schedule of events.*

AARP-----	1-800-826-8880
Catholic Senior Citizens of Muskogee (50+ Club)----- Muskogee, OK 74403	(918) 687-0511
C-Hope-----	(918) 682-6459
Kiwanis Senior Citizen Center-----	(918) 684-6310
MCHS----- <i>Water aerobics for seniors</i>	(918) 683-6532
McIntosh Co. Retired Teachers-----	(918) 473-5711
Muskogee Regional Medical Retiree Club-----	(918) 683-1179
OK Retired Teachers Association-----	1-800-522-8091

## RESIDENTIAL CARE HOMES CONTINUED

RSVP of Muskogee-----	(918) 683-1578
Wagoner County Senior Citizens-----	(918) 485-2741

## SOCIAL SECURITY / SSI / MEDICARE

### MEDICARE

Medicare Fraud & Abuse Hotline-----	1-888-967-9100
Medicare Hotline (Information)-----	1-800-633-4227
TTY	1-800-822-9472
Medicare Rx Questions-----	1-800-633-4227
OK Foundation for Medical Quality-----	1-800-522-3414
<i>Medicare rights &amp; appeals</i>	
OK State Medical Association-----	1-800-633-4227
<i>List of physicians who accept Medicare</i>	
QMB / SLMB questions---SENIOR Info Line-----	1-800-211-2116
Senior Health Insurance Counseling Program (SCHIP)-----	(405) 521-6628
<i>For guidance regarding health coverage for seniors</i>	
	1-800-763-2828

### SOCIAL SECURITY/SSI

Visit [www.socialsecurity.gov](http://www.socialsecurity.gov) online

Social Security Administration/ SSI-----	1-800-772-1213
125 So. Main	(918) 687-2338
Muskogee, OK 74403	

## **SOCIAL SECURITY/SSI/MEDICARE CONTINUED**

Social Security Administration----- 1-800-772-1213  
308 Creek Place (918) 756-3923  
Okmulgee, OK 74447

Social Security Administration----- (918) 647-9194  
1306 Tarby Road  
Poteau, OK 74953

## **SUPPORT GROUPS**

### **HOTLINES**

#### **ALCOHOL / NARCOTICS**

Alcoholics Anonymous 24 Hour Help Line----- 1-800-503-8602

Alcoholics & Narcotics 24 Hour Help Line----- 1-888-206-7272

#### **ALZHEIMER'S / DEMENTIA**

Alzheimer's Hotline----- 1-800-493-1411

Alzheimer's Information & Referral Center----- 1-800-211-2116

#### **GAMBLING**

Gambler's Anonymous Hotline----- 1-888-424-3577  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

OK Gambler's Anonymous Hotline----- (405) 525-2026

#### **MENTAL HEALTH**

Reach Out (Mental Health Hotline)----- 1-800-522-9054

State Mental Health 24 hr hotline----- 1-800-522-9054

Suicide Prevention----- 1-800-273-TALK

#### **PARKINSON'S**

Parkinson's Disease Hotline----- 1-800-223-2732

## SUPPORT GROUPS CONTINUED

### NATIONAL / REGIONAL INFORMATION CENTERS

#### ALZHEIMER'S / DEMENTIA

Alzheimer's Disease Information & Referral-----	1-800-272-3900
Alzheimer's Association-----	(405) 319-0780
OK / AR Chapter ----- <a href="http://www.alz.org/alzokar">www.alz.org/alzokar</a>	1-800-272-3900

#### ARTHRITIS

American Arthritis Association----- 2915 Classen Boulevard, Suite 325 Oklahoma City, OK 73106	(405) 521-0066
Arthritis Foundation, Eastern OK Chapter----- Tulsa, OK 74135	(918) 743-4526 1-800-400-4526

#### BLINDNESS

American Council for the Blind-----	1-800-424-8666
Blindness Foundation-----	1-888-394-3937
Blindness Information Hotline-----	1-800-424-8666
National Association for Hearing & Speech Action-----	1-800-638-TALK
OK Department of Rehabilitation Services----- <a href="http://www.okrehab.org">www.okrehab.org</a>	(405) 951-3400 1-800-845-8476

#### CANCER

American Cancer Society-----	1-800-422-6237
Cancer Information Services-----	1-800-4-CANCER
OK Cancer Information Line-----	1-800-522-0220

## SUPPORT GROUPS CONTINUED

### DIABETES

American Diabetes Association----- 1-800-259-6551

### EATING DISORDERS

Overeaters Anonymous----- (505) 891-2664

National Office

[www.aa.org](http://www.aa.org)

### \*FINANCIAL / CREDIT

Consumer Credit Counseling Service of OK----- 1-800-324-5611

*\*Also see Financial Section for additional information.*

### HEART

American Heart Association----- (405)840-1444

Oklahoma City, OK 73112 1-800-242-8721

American Heart Association----- (918) 747-8254

Tulsa, OK 74105

### INCONTINENCE

Help for Persons Experiencing Incontinence----- 1-800-252-3337

### KIDNEY

American Kidney Association----- 1-800-635-8299

### LUNG

American Lung Association----- (918) 747-3441

Tulsa, OK 74105

Coalition for Pulmonary Fibrosis----- 1-888-222-8541

Lung Line----- 1-800-522-5864

Pulmonary Fibrosis Foundation----- (312) 587-9272

[www.pulmonaryfibrosis.org](http://www.pulmonaryfibrosis.org)

## **SUPPORT GROUPS CONTINUED**

### OSTEOPOROSIS

National Association of Osteoporosis----- (202) 223-2226  
1625 Eye St. NW, Suite 822  
Washington, DC 20006

### PARALYSIS

American Paralysis Association----- 1-800-225-0292

### PARKINSON'S

American Parkinson's Disease Association----- (918) 747-3747  
Tulsa, OK 74137 1-800-364-4450

Parkinson's Disease Hotline----- 1-800-223-2732

### PRESCRIPTIONS

Indigent Drug Program ----- (918) 682-7891  
*Call EODD AAA for a complete list of possible free medications*

### STROKE

National Stroke Association----- 1-800-771-1700

### VISION

National Eye Care Project (Senior Eye Care)----- 1-800-222-3937

## **SUPPORT GROUPS**

Listed by county in alphabetical order.

*Please remember that your local hospitals and churches offer many support and self-help groups.*

### **ADAIR COUNTY**

Alcoholics Anonymous----- (918) 696-8805  
Wilma P Mankiller Health Clinic  
Stilwell, OK 74960

Cherokee Nation Tribal Complex----- (918) 696-3124  
Stilwell, OK 74960

## **SUPPORT GROUPS CONTINUED**

### **ADAIR COUNTY**

Help in Crisis, Inc.----- (918) 696-3050  
Stilwell, OK 74960 1-800-300-5321

First Baptist Church----- (918) 696-3144  
Stilwell, OK 74960

Lighthouse Church----- (918) 696-3780  
Stilwell, OK 74960

### **CHEROKEE COUNTY**

Alcoholics Anonymous----- (918) 457-5181  
Cookson Hills United Methodist Mission  
Cookson, OK 74427

Narcotics Anonymous----- (918) 456-7900  
104 N College Ave  
Tahlequah, OK 74464

Overeaters Anonymous----- (918) 458-0762  
Tahlequah, OK 74464

### **McINTOSH COUNTY**

Alcoholics Anonymous (Checotah)----- (918) 473-57124  
614 W Gentry  
Checotah, OK 74426

Alcoholics Anonymous (Eufaula)  
McIntosh Service Bldg  
Eufaula, OK 74432

Alzheimer's Support Group (Checotah Area)----- (918) 473-6138  
211 N Ave / Old Hwy 69  
Checotah, OK 74426

## **SUPPORT GROUP CONTINUED**

### **McINTOSH COUNTY**

- Alzheimer's Support Group (Eufaula Area)----- (918) 423-6011  
Oaks Healthcare Center  
McAlester, OK
- Souls of Support (SOS) –Support for Recently widowed persons)----- (918) 689-3342  
121 High Street  
Eufaula, OK 74432

### **MUSKOGEE COUNTY**

- Alcoholics Anonymous----- (918) 687-7571  
St. Paul's Methodist Church  
Muskogee, OK 74401
- Alcoholics Anonymous----- (918) 527-4767  
Lakeland Shopping Ctr (918) 687-6724  
Muskogee, OK 74401
- Alzheimer's Support Group (Muskogee Area)----- (918) 682-7891  
1012 N 38<sup>th</sup> St  
Muskogee, OK 74401
- Alzheimer's Support Group----- (918) 683-8388  
Magnolia Gardens  
Muskogee, OK 74403
- American Red Cross----- (918) 682-1366  
566 N 6<sup>th</sup> St  
Muskogee, OK 74401
- Cancer Support Group----- (918) 682-3386  
600 E Okmulgee  
Muskogee, OK 74403

## SUPPORT GROUP CONTINUED

MUSKOGEE COUNTY	(918) 684-2445
Cancer Support Group----- 300 Rockefeller Drive Muskogee, OK 74401	
Caregivers Support Group----- First Baptist Church-Muskogee Muskogee, OK 74401	(918) 683-0962
Caregivers Support Group----- 1012 N 38 <sup>th</sup> St Muskogee, OK 74401	(918) 682-7891 1-800-211-2116
Celebrate Recovery Support Group----- 1700 W Shawnee Muskogee, OK 74401	(918) 682-7822
Deaf & Hearing Impaired Support Group----- 302 Honor Heights Drive Muskogee, OK 74401	(918) 687-4854
Divorce Care (Blvd Christian Church)----- 1700 W Shawnee Muskogee, OK 74401	(918) 682-7822
Gambler's Anonymous—1 <sup>st</sup> United Methodist Church----- 600 E Okmulgee Muskogee, OK 74401	(918) 682-3368
Grief Share Support Group-1 <sup>st</sup> Presbyterian Church----- 500 W Broadway Muskogee, OK 74401 <i>Tuesdays 7:00 p.m.</i>	(918) 687-5401

## **SUPPORT GROUPS CONTINUED**

### **MUSKOGEE COUNTY**

Head Injury Support Group----- (918) 683-8827  
300 Rockefeller Drive  
Muskogee, OK 74401

Ostomy Club----- (918) 682-5501  
300 Rockefeller Drive  
Muskogee, OK 74401

Parkinson's Disease Support Group----- (918) 682-5501  
300 Rockefeller Drive  
Muskogee, OK 74401

Pulmonary Fibrosis Support Group----- (918) 682-7891

Reach for Recovery (Post Mastectomy Patients)----- (918) 682-3289  
300 Rockefeller Drive  
Muskogee, OK 74401

Stroke Club----- (918) 687-6194  
109 South 36<sup>th</sup> St  
Muskogee, OK 74401

### **OKMULGEE COUNTY**

Alcoholics Anonymous-(Beggs)----- (918) 267-3720  
Methodist Church  
506 N Broadway  
Beggs, OK 74421

Alcoholics Anonymous-(Okmulgee)----- (918) 756-3638  
1201 N Griffin  
Okmulgee, OK 74447

## SUPPORT GROUPS CONTINUED

Alzheimer's Support Group-(Okmulgee)----- (918) 758-3302  
1401 Morris Drive  
Okmulgee, OK 74447

Gambling-(Creoks Mental Health Services)----- (918) 756-9411  
323 W 6<sup>th</sup> St  
Okmulgee, OK 74447

### SEQUOYAH COUNTY

Alcoholics Anonymous-(Muldrow)----- (918) 427-4151  
308 S Main  
Muldrow, OK 74948

Alcoholics Anonymous (Sallisaw)----- (918) 775-5894  
515 S McGee  
Sallisaw, OK 74955

Diabetes Support Group----- (918) 774-1136  
213 E Redwood  
Sallisaw, OK 74955

Family Counseling----- (918) 775-6273  
302 S Oak  
Sallisaw, OK 74955

### WAGONER COUNTY

Alcoholics Anonymous----- (918) 485-9363  
26243 Hwy 51 W  
Wagoner, OK 74467

## BEREAVEMENT SUPPORT

### CHEROKEE COUNTY

Hospice Care of OK/Tahlequah----- (918) 456-6851  
511 South College Court 1-800-597-2102  
Tahlequah, OK 74464 *(for the terminally ill)*

## SUPPORT GROUPS CONTINUED

### MUSKOGEE COUNTY

Grief Share----- (918) 683-8107

Muskogee Regional Medical Center----- (918) 682-5501

300 Rockefeller Drive

Muskogee, OK 74401

The Hospice (Non-profit community care)----- (918) 683-1192

1303 West Broadway6

Muskogee, OK 74401 *(for the terminally ill)*

### OKMULGEE COUNTY

Heritage Hospice----- (918) 652-3919

114 South 4<sup>th</sup> St

1-888-838-3919

Henryetta, OK 74437

### SEQUOYAH COUNTY

Hospice Bereavement (918) 774-1152

213 E Redwood

Sallisaw, OK 74955

## TAXES

See FINANCIAL GUIDANCE

*If you lose your Medicare Summary Notice, you  
can request a copy by calling  
1-800-MEDICARE.*

# TRANSPORTATION

*For transportation to a nutrition center, please contact your local nutrition center to make arrangements. Please request handicap accessible transportation if required when making arrangements.*

First Christian Church-----	(918) 456-2415
KATS—Adair Co.-----	(918) 696-4787
KATS—Cherokee Co.-----	(918) 453-1155
KATS—McIntosh Co.-----	(918) 473-2388
KATS—Okmulgee Co.-----	(918) 752- 0070
KATS—Sequoyah Co.-----	(918) 775-7433
<i>KATS is public transportation ran by KIBOIS. The fee varies.</i>	
Muskogee Co. Transit-----	(918) 682-1721
Stay Home Services-----	(918) 682-3688
Volunteers of America-----	(918) 683-1578
Wagoner Area Neighbors-----	(918) 485-2309
WE Care Transportation-----	(918) 683-1578

## MEDICAL TRANSPORT (NON-EMERGENCY)

Muskogee Dept. of Veterans Affairs-----	1-888-397-8387
SOONERRIDE-----	1-877-404-4500
<i>Transportation to medical appointments only. Must actively be receiving Medicaid. Appts. must be made 2 days in advance.</i>	

# UTILITIES / WEATHERIZATION

See also EMERGENCY / DISASTER

Community Action Resource & Development, Inc (CARD)----- (918) 486-2471  
*Wagoner County*

Cookson Hills Community Action Foundation----- (918) 456-0571  
*Adair, Cherokee, Sequoyah Counties*

Cross Communications (Lifeline's one dollar phone service)----- (918) 463-2921  
**SEE AD IN FRONT OF BOOK**

Deep Fork Community Action----- (918) 756-2826  
*McIntosh & Okmulgee Counties*

Muskogee Community Action Foundation----- (918) 683-7637  
*Muskogee County*

Muskogee Cooperative Missions----- (918) 683-7879

OK Cooperation Commission----- (405) 521-2267

OG & E Electric Service –Community Services----- (918) 684-4657  
**SEE AD IN FRONT OF BOOK**

OK Natural Gas (ONG)----- (918) 684-4400

Salvation Army- Okmulgee----- (918) 756-9224

Salvation Army-Muskogee----- (918) 682-3384

Salvation Army-Tahlequah----- (918) 456-9882

Weather Coalition----- (918) 682-6602

## VETERANS SERVICES

See Health/Medical for Veteran's Hospital

Military Onesource----- 1-800-342-9647  
[www.militaryonesource.com](http://www.militaryonesource.com)

OK Department of Veteran's Affairs----- 1-800-827-1000  
(918) 687-2500

Paralyzed Veterans of America----- 1-800-555-9140

### Veteran's Administration

VA Benefits Counselor----- 1-800-827-1000  
Health Care Benefits----- 1-877-222-8387  
Life Insurance----- 1-800-669-8477  
Status of Headstones or Markers----- 1-800-697-6947  
Telecommunications Device for the Deaf----- 1-800-829-4833

## VISUAL SERVICES

See DISABILITIES

Rice Family Eye Care----- Wagoner, OK 74467	(918) 485-4775 <b>SEE AD IN FRONT OF BOOK</b>
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The Eye Center----- Okmulgee, OK 74447	(918) 756-0316 <b>SEE AD IN FRONT OF BOOK</b>
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## WEATHERIZATION

See COMMUNITY ACTIONS, UTILITIES/WEATHERIZATION

# ALPHABETICAL INDEX

211----- Information & Assist

## A

AARP-----	Advocacy Senior Organizations
ABLE Tech-----	Assistive Devices, Disabilities
ABLE Tech Info Line-----	Assistive Devices
Access Fitness-----	Fitness
Access Home Health-----	Home Health
ADT Companion Services-----	Health
ADT Security Services-----	Health
Adult Abuse Hotline-----	Abuse
Adult Protective Services-----	Dept. Of Human Serivces
Advantage Audiology-----	Disabilities
ADvantage Program-----	Aging Services
Aging Services Division-----	Abuse
AGLINK (24 hr crisis hotline for rural OK)-----	Emergency
AIRSO-----	Information & Assist
Alcoholics Anonymous 24 hr helpline-----	Support Groups
Alcoholics & Narcotics 24 Hour Help Line-----	Support Groups
Alcoholics Anonymous Support Groups-----	Support Groups
AllCare Home Health-----	Home Health
AllCare Hospice-----	Hospice
Allied Home Health-----	Home Health
Amedyisys Home Health-----	Home Health
Alzheimer’s Association (OK / AR Chpt)-----	Alzheimer’s
Alzheimer’s Information & Referral Center-----	Alzheimer’s
Alzheimer’s Disease Information & Referral-----	Alzheimer’s
Alzheimer’s Support Group-----	Support Groups
Amedisys Home Health-----	Ads, Home Health
American Arthritis Association-----	Support Groups
American Cancer Society-----	Support Groups

American Council for the Blind-----	Disabilities
American Diabetes Association-----	Support Groups
American Foundation for the Blind-----	Advocacy
American Heart Association-----	Support Groups
American Kidney Association-----	Support Groups
American Lung Association-----	Support Groups
American Paralysis Association-----	Support Groups
American Parkinson's Disease Association-----	Support Groups
American Red Cross-----	Emergency
Americans with Disabilities-----	Advocacy
Angel Helpers Senior Care-----	Ads, In-Home
Angelic Hospice-----	Hospice
Angels Care Home Health-----	Ads, Home Health
Apartments ----See Assisted Living, Housing, Res. Group Care	
Areawide Aging Agency-----	Area Agency
AeroFit Health Club-----	Fitness
Arthritis Foundation, Eastern OK Chapter-----	Support Groups
Arthritis Support & Education-----	Support Groups
ASCOG Area Agency on Aging-----	Area Agency
Attorney General's Medicaid Fraud Control Unit-----	Consumer Help
Autumn Heights-----	Housing
Avondale Cottage-----	Housing

## **B**

Baptist Village Apts.-----	Housing
Beggs Elderly Housing & Disabled Apts.-----	Housing
	Nutrition
Beggs Housing Authority-----	Housing
Beggs Senior Nutrition-----	Nutrition
Better Business Bureau-----	Consumer Help
Better Sound Hearing-----	Ads, Disabilities, Hearing
Bill Willis Community Mental Health & Substance Abuse-----	Mental Health
Blindness Foundation-----	Disabilities
Blindness Information Hotline-----	Disabilities
Blue Sky Behavioral Health-----	Mental Health
Bono Nursing Home-----	Nursing Homes

Boynton Community Center-----	Nutrition
Braggs Community Center-----	Nutrition
Braille-grams-----	Disabilities
Bread of Life-----	Food Pantry
Brentwood Extended Care Nursing Home-----	Nursing Homes
Briarwood Apts.-----	Housing
Brighton Arms Apts.-----	Housing
Broadway Manor-----	Nursing Homes
Bureau of Indian Affairs (BIA)-----	Information & Assist

## C

C-Hope-----	Senior Organizations
Cancer Information Services-----	Support Groups
Cancer Support Group-----	Support Groups
Cardiology Clinic of Muskogee-----	Health
CARE Food Pantry-----	Food Pantry
Caregivers Support Group-----	Support Groups
Carriage Crossing Retirement Village-----	Housing
Carriage Park Apartments-----	Housing
Carrington Village-----	Housing
Carter Home Health-----	Home Health
Carter Hospice-----	Hospice
Catholic Charities-----	Food Pantry
Catholic Senior Citizens of Muskogee-----	Senior Organizations
CCOM Medical Group-----	Ads, Health
Center for the Physically Limited-----	Disabilities
Champion Fitness-----	Fitness
Checotah Community Center-----	Nutrition
Cherokee Elder Care PACE Program-----	Ads, Daycare, Health
Cherokee Nation Food Distribution Centers-----	Food Pantry
Cherokee Nation Home Health Services-----	Home Health
Cherokee Nation Housing-----	Housing
Cherokee Nation Nutrition-----	Nutrition
Cherokee Nation Tribal Complex-----	Food Pantry
Cherokee County Nursing Home-----	Nursing Home
City of Muskogee Neighborhood Development Program-----	Housing
Clearview Apts.-----	Housing
COEDD Area Agency on Aging-----	Area Agency

Comfort Keepers-----	In-Home
Community Action Resource & Development (CARD)-----	Community Action, Emergency, Financial, Housing, Utilities
Community Care of Gore-----	Nursing Home
Community Health Center, Inc.-----	Ads, Home Health
Community Home Health-----	Ads, Home Health
Community Hospital Lakeview-----	Health
Community Life Center-----	Food Pantry
Community Pantry-----	Food Pantry
Comprehensive Rehab Services-----	Health
Consumer Credit Counseling Service of OK-----	Consumer Help Support Groups
Consumer Protection Office-----	Consumer Help
Cookson Hills Community Action Foundation-----	Community Action, Emergency, Financial, Utilities
Cookson Hills Community Action Sr. Housing-----	Housing
Cookson Hills Senior / Community Center-----	Nutrition
Cornerstone Home Health Care, Inc.-----	Home Health
Council Hill Community Center-----	Nutrition
Counseling, Family-----	Support Groups
Country Gardens-----	Assisted Living Housing
Country Lanes-----	Nursing Homes
Countryside Estates-----	Nursing Homes
Country Village Apts.-----	Housing
Coweta Apts.-----	Housing
Coweta Manor-----	Nursing Homes
Coweta Senior Center-----	Nutrition
Credit Reporting Agencies-----	Consumer Help
Creek Forest Apts.-----	Housing
Creek Nation Apts. for Elderly-----	Housing
Creek Nation Elderly Nutrition-----	Nutrition
Creek Nation Tribal Office-----	Information & Assist
Creek Village Apts.-----	Housing
Creeks Mental Health-----	Mental Health
Cross Communications-----	Ads, Utilities

Cross Timber Apts.----- Housing  
Curves----- Fitness

**D**

Davis Retirement----- Housing  
Day Springs Services of OK----- Mental Health  
D-Dent----- Dental  
Deep Fork Community Action----- Community Action,  
Emergency, Financial,  
Housing, Utilities  
Dentures & Dental Services----- Ads, Dental  
Department of Consumer Credit Hotline----- Consumer Help  
Department of Consumer Credit-OK Division----- Consumer Help  
Department of Health (OK)----- Death  
Department of Human Services-County Offices----- Dept of Human  
Services  
Department of Human Services-State Office----- Dept of Human  
Services  
Department of Human Services-Nursing Home Complaints----- Abuse  
Department of Justice----- Consumer Help  
Department of Mental Health----- Mental Health  
Department of Veteran’s Affairs----- Transportation,  
Veteran’s Services  
Dewar Senior Center----- Nutrition  
Diabetes Support Group----- Support Groups  
Direct Marketing Association----- Consumer Help  
Disabled Parking Emblems----- Disabilities  
Divorce Care Support Group----- Support Group  
Doctor’s Hospital----- Mental Health  
Dogwood Creek Retirement Center----- Assisted Living  
Housing  
Douglas Nutrition----- Nutrition  
Dry Creek Community Organization----- Nutrition

**E**

Eagle Ridge Institute Alcohol & Drug Program----- Mental Health  
Eastern OK Development District----- Area Agency  
Caregivers  
Info & Assist, Respite

Eastern OK Donated Dental Services (EODDS)-----	Dental
Eastern OK Ear Nose & Throat-----	Disabilities
Eastgate Village Retirement Center-----	Nursing Homes
Encompass Home Health-----	Home Health
EODD Area Agency on Aging-----	Area Agency
EODD AAA Caregivers Help & Information Program-----	Ads, Caregiver
Equifax-----	Consumer Help
Eufaula Community Center-----	Nutrition
Eufaula Indian Clinic-----	Health
Eufaula Village Apts.-----	Housing
Experian-----	Consumer Help

## F

Fair Haven Senior Apts.-----	Housing Nutrition
Family Care Hospice-----	Hospice
Family Counseling-----	Support Groups
Federal Information Center-----	Consumer Help
Federal Trade Commission-----	Consumer Help
Fifty Five Alive Driving Class-----	Education
Financing for Assistive Devices-----	Assistive Devices
First Christian Church-----	Transportation
First United Methodist Church-----	Nutrition
Flint Ridge Sr. Center-----	Nutrition
Fort Gibson Housing Authority-----	Housing
Fort Gibson Nursing Home & Apts.-----	Housing Nursing Homes
Fountain View Manor-----	Nursing Homes

## G

Gambler's Anonymous Hotline-----	Support Group
Gambler's Anonymous Support Group-----	Support Group
Gans Community Center-----	Nutrition
Garden Walk Apts.-----	Housing
GED Testing Sites-----	Education
George Nigh Rehab Services-----	Health Nursing Homes

Glenwood Apts.-----	Housing
Good Shepherd Hospice-----	Hospice
Good Shepherd Medical Clinic-----	Health
Gore Community Center-----	Nutrition
Gospel Rescue Mission-----	Food Pantry Homeless Shelters
Go Ye Village-----	Housing Nursing Homes Residential Care
Grace Hospice-----	Hospice
Grace Living Center-----	Nursing Homes
Grace Medical Equipment-----	Ads, Medical Equip
Grand Gateway Area Agency on Aging-----	Area Agency
Greasy Community Fellowship Organization-----	Nutrition
Green Acres Residential Care-----	Residential Care
Green Country Mental Health-----	Mental Health
Greenleaf Senior Apts.-----	Housing
Greystone Place-----	Housing
Grief Support Group-----	Support Group

## H

Habitat for Humanity-----	Housing
Handicap Parking Permits-----	Disabilities
Hanna Community Center-----	Nutrition
Haskell Community Center-----	Nutrition
Haskell Manor-----	Nursing Homes
Health Care Fraud Reporting-----	Health
Healthcare Innovations-----	Ads, Home Health
Help In Crisis, Inc.-----	Support Groups
Health Departments (By County)-----	Health
Hearing Aid Hotline-----	Health
Hearing Aid Recycling Program-----	Hearing
Henryetta Housing Authority-----	Housing
Henryetta Medical Center-----	Health
Henryetta Psychiatric Unit-----	Mental Health
Henryetta Senior Center-----	Nutrition
Heritage Hospice-----	Hospice, Support Groups

Heritage Place Retirement-----	Assisted Living
Hess Apts.-----	Housing
Hickory Village, Inc.-----	Housing
Highland Park-----	Nursing Homes
Home Health Care-----	Home Health
Home Health Care Complaints-----	Home Health
HOMEhealth Care of OK-----	Home Health
Home Repairs <i>See Housing Assistance, Utilities</i>	
Hometown Hospice-----	Hospice
Honor Heights Towers-----	Housing, Nutrition
Hope Center / Food Pantry-----	Food Pantry
H.O.P.E. Program-----	Mental Health
Horizon Health Care-----	Home Health
Horizon Hospice-----	Ads, Hospice
Hospice Bereavement-----	Support Groups
Hospice Care of OK-----	Hospice, Support Groups
Housecalls Home Health Services, Inc.-----	Home Health
Hulbert Community Center-----	Nutrition
Hulbert Health Center-----	Health

## I

Identity Theft-----	Consumer Help
INCOR/SWAP-----	Disabilities Employment
Indian Hills Apts.-----	Housing
Indigent Drug Program-----	Health
Internal Revenue Service-----	Consumer Help

## J

Job Accommodation Network-----	Employment
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## K

KATS-----	Transportation
Kate Frank Apts.-----	Housing
KEDDO Area Agency on Aging-----	Area Agency
Keenagers-----	Nutrition

Keetowah Village Apts.-----	Housing
Kiwanis-----	Nutrition Senior Organizations
Koweta Indian Health Facility-----	Health

**L**

Lake Drive Home-----	Nursing Homes
Lake Francis Residential Care-----	Residential Care
Legal Aid Service of OK-----	Advocacy, Legal
Lexington Place-----	Nursing Homes
Liberty Place-----	Nursing Homes
Library for the Blind-----	Disabilities, Education
LifeFone-----	Health
LIFE, Inc.-----	Daycare
Link to Life-----	Health
Literacy Council (By County)-----	Education
Lung Line-----	Support Group
LS & S-----	Assistive Devices

**M**

Magnolia Gardens-----	Assisted Living Housing
Marble City Community Organization-----	Nutrition
Martin Luther King Center-----	Nutrition
Mays Plus, Inc.-----	Home Health
MCCAP Nutrition-----	Area Agency EODD Nutrition, Outreach
McCurdy Place-----	Nursing Homes
McIntosh Co. Retired Teachers-----	Senior Organizations
Med-Corp Plus, Inc.-----	Home Health
Medicaid Fraud Control Unit-----	Consumer Help
Medical Equipment Affiliates-----	Medical Equip
Medicare Hospital Complaints-----	Health
Medicare / Medicaid Fraud & Abuse-----	Health Social Security
Medicare Rx Questions-----	Social Security
Mental Health Hotline-----	Mental Health Support Groups
Mercy Lifeline-----	Ads, Health

Mid-Lakes Home Care-----	Home Health
Military OneSource-----	Veterans
Mobility Plus-----	Medical Equip
Monarch-----	Mental Health
Morris Community Center-----	Nutrition
Muldrow Community Center-----	Nutrition
Mult-County Alcohol/Drug-----	Mental Health
Muscogee-Creek Nation Behavioral Health-----	Mental Health
Muscogee-Creek Nation Food Distribution Centers-----	Food Pantry
Muscogee-Creek Nation Housing-----	Housing
Muskogee Community Hospital-----	Health
Muskogee Cooperative Missions-----	Utilities
Muskogee County Community Action Foundation-----	Community Action Food Pantry, Utilities
Muskogee County Law Library-----	Legal
Muskogee County Transit-----	Transportation
Muskogee Fair Haven Senior Nutrition-----	Housing, Nutrition
Muskogee Honor Heights Towers Nutrition-----	Housing, Nutrition
Muskogee Housing Authority-----	Housing
Muskogee Nursing Home-----	Nursing Homes
Muskogee Regional Home Health Services-----	Home Health
Muskogee Regional Medical Center-----	Health, Support Groups
Muskogee Regional Medical Retiree Club-----	Senior Organizations
Muskogee Swim & Fitness Center-----	Fitness

## N

Narcotics Anonymous-----	Support Groups
National Association for Hearing & Speech Action-----	Disabilities, Hearing
National Association of the Deaf-----	Hearing
National Association of the Deaf-Blind-----	Disabilities
National Association of Osteoporosis-----	Support Groups
National Consumers League-----	Consumer Help
National Insurance Consumer Helpline-----	Consumer Help
National Network of Aging Services-----	Aging Services
National Stroke Association-----	Support Groups
Neighbor for Neighbor Dental Clinic-----	Dental

Neighborhood Development Program (City of Muskogee)-----	Housing
NeoHealth Westville Family Medical Center-----	Health
New Beginnings Residential Care-----	Residential Care
New Hope Hospice of OK, Inc.-----	Hospice, Support Groups
New Lake Apts.-----	Housing
New Life Ministries-----	Nutrition
NODA Area Agency on Aging-----	Area Agency
North Fork Retirement Community-----	Residential Care
Nursing Home Abuse-----	Abuse

**O**

Oak Grove Community Center-----	Nutrition
OASIS-----	Information & Assist Respite
OEDA Area Agency on Aging-----	Area Agency
OFMQ (OK Foundation for Medical Quality)-----	Social Security
Office of Handicap Concerns-----	Advocacy
OG & E-----	Ads, Utilities
Okay Senior Center-----	Nutrition
OK Agrability-----	Medical Equip
OK Attorney General's Office-----	Consumer Help
OK Banking Dept.-----	Consumer Help
OK Bar Association-----	Legal
OK Cancer Information Line-----	Support Groups
OK Corporation Commission-----	Consumer Help Utilities
OK Deaf Persons-----	Hearing
OK Department of Consumer Credit-----	Consumer Help
OK Department of Mental Health-----	Mental Health
OK Department of Rehabilitation Services-----	Disabilities
OK Department of Veteran's Affairs-----	Death, Veterans
OK Disability Law Center-----	Advocacy, Legal
OK Foundation for the Disabled-----	Advocacy
OK Foundation for Medical Quality (OFMQ)-----	Social Security
OK Housing Finance Authority-----	Housing
OK Indian Legal Services-----	Legal
OK Insurance Department-----	Consumer Help

OK Library for the Blind-----	Disabilities
OK Retired Teachers Association-----	Senior Organizations
OK State Agency on Aging-----	Aging Services
OK State Department of Health-----	Death
OK State Insurance Commissioner-----	Consumer
OK State Medical Association-----	Social Security
OK State Ombudsman Program-----	Abuse
OK Tax Commission-----	Consumer Help
OK Treatment Services-----	Mental Health
Oklahoma Healthcare Solutions-----	Home Health
Ombudsman Supervisor (Nursing Home Advocates)-----	Advocacy
Okmulgee Baptist Village-----	Residential Care
Okmulgee Community Center-----	Nutrition
Okmulgee County Homeless Shelter-----	Homeless Shelters
Okmulgee County YMCA-----	Fitness
Okmulgee Indian Health Center-----	Health
Oklahoma Insurance Department-----	Ads, Health
Okmulgee Memorial Hospital-----	Health
Okmulgee Terrace Nursing Home-----	Nursing Homes
Onapa Community Center-----	Nutrition
ONG-----	Utilities
Operator Services for the Deaf-----	Disabilities Interpreter Services
Opportunity House-----	Mental Health
OSU Extension Offices-----	Education
Overeaters Anonymous-----	Support Groups

**P**

PACE Program, Cherokee Elder Care-----	Daycare, Health
Parkinson's Disease Hotline-----	Support Groups
Parkview Apts.-----	Housing
Partnership for Prescription Assistance-----	Health
Pavillon-----	Mental Health
Pecan Creek-----	Housing
Peggs Community Center-----	Nutrition
People Inc.-----	Mental Health
Peters Agency Home Health, LLC-----	Home Health
Plantation House-----	Assisted Living

Pleasant Valley Health Care-----	Nursing Homes
Porter Senior Center-----	Nutrition
Porum Landing Seniors-----	Nutrition
Potter's House-----	Nutrition
Prescription Drug Services-----	Health
Pretty Village Apts.-----	Housing
Proctor Heights-----	Housing
Professional Home Health-----	Home Health
Professional Home Hospice-----	Ads, Hospice
Progressive Independence-----	Disabilities
Project Osiyo-----	Homeless Shelters
PT Cruiser's Fellowship-----	Nutrition

**Q**

Quality Home Care-----	In-Home Respite
QMB / SLMB-----	Social Security

**R**

Reachout (Mental Health Hotline)-----	Mental Health
Reach for Recovery (Breast Cancer)-----	Support Group
Rebold Manor-----	Nursing Homes
Redbird Smith Medical Center-----	Health
Relay Services for the Deaf-----	Hearing
Rentiesville Community Center-----	Nutrition
Rice Family Eye Care-----	Ads, Visual Services
Ridgecreek Apts.-----	Housing
Roland Nutrition/Community Center-----	Nutrition
Roland Village Apts.-----	Housing
Rolling Hills Senior Center-----	Nutrition
Rural Housing Services-----	Housing
Rx Oklahoma-----	Health

**S**

SAC Nutrition-----	Area Agency EODD, Nutrition, Outreach
Saint Francis Hospice-----	Hospice
Sallisaw Nutrition/Community Center-----	Nutrition

Salvation Army-----	Utilities
Savannah Park-----	Housing
Schulter Community Center-----	Nutrition
Senior Health & Insurance Counseling Program (SHIP)-----	Ads, Consumer Help, Medicare, Social Security
Senior Outpatient Geriatric Services-----	Mental Health
Sequoyah East Nursing Home-----	Nursing Home
Sequoyah Manor-----	Nursing Home
Sequoyah Memorial Hospice-----	Hospice
Sequoyah Memorial Hospital-----	Health
Sequoyah Residential Care-----	Residential Care
Shepherd's Care Hospice-----	Hospice
Silver Leaf Apts.-----	Housing
SMP Fraud Helpline (Medicare)-----	Ads, Medicare
Social Security Administration-----	Death, Social Security
SODA Area Agency on Aging-----	Area Agency
Sojourn Care of Tulsa Hospice-----	Hospice
Sol Amor Hospice-----	Ads, Hospice
Solar Hospital-----	Health
Solutions, Tahlequah City Hospital-----	Mental Health
Sooner Health Services-----	Ads, Home Health
Sooner Management-----	Ads
Southern Hills Village-----	Housing
Southwest Home Health Care-----	Home Health
Special Unit on Aging-----	Aging Services
SSI-----	Social Security
State Mental Health 24 hr hotline-----	Mental Health
Stay Home Services-----	In-Home Respite Transportation
Steeple Chase Apts.-----	Housing
Stidham Community Center-----	Nutrition
Stilwell Food Pantry-----	Food Pantry
Stilwell Housing Authority-----	Housing
Stilwell Memorial Hospital-----	Health
Stilwell Nursing Home-----	Nursing Homes
Stilwell Community Center-----	Nutrition
Stilwell Public Library-----	Libraries

Stilwell Sr. Housing-----	Housing
Stroke Club-----	Support Groups
Stuttering Hotline-----	Disabilities
Sugar Busk Apts.-----	Housing
Sugar Mountain Retreat-----	Residential Care
Suicide Hotline-----	Mental Health
Suicide Prevention-----	Mental Health
Summer Ridge Senior Housing-----	Housing
Summit Seniors-----	Nutrition
Sungate Apts.-----	Housing
Surety Apts.-----	Housing
SWODA Area Agency on Aging-----	Area Agency

## T

Taft Place-----	Nursing Homes
Tahlequah City Hospital-----	Health
Tahlequah Health Center-----	Health
Tahlequah Elderly Housing-----	Housing
Tahlequah Nutrition Center-----	Nutrition
Tahlequah Retirement Apts.-----	Housing
Tahlequah Sr. Housing-----	Housing
Tailholt Community Organization-----	Nutrition
TARC-----	Advocacy
Team Select Home Care-----	Home Health
Tender Loving Care (TLC)-----	In-Home, Respite
Terrace Apts.-----	Housing
The Eye Center-----	Ads, Vision
The Hospice-----	Support Groups
The Pavillion-----	Mental Health
Three Rivers Health Center-----	Health
Total Source for Hearing Loss & Access-----	Hearing
Traditions Home Care, Inc.-----	Ads, Home Health
Transunion-----	Consumer Help
TSA-LA-GI Apts.-----	Housing
Tulsa Area Agency on Aging-----	Area Agency
Tulsa Speech & Hearing Association-----	Disabilities
Turner Fitness-----	Fitness

Twana----- Senior Organizations

**U**

USDA Rural Housing Services----- Housing

**V**

VA Medical Center----- Health  
Veteran’s Administration----- Veterans Services  
Vian Community Center----- Nutrition  
Vian Nursing Home----- Nursing Homes  
Village West Apts.----- Housing  
Visiting Nurse Association----- Home Health  
Vital Records (OK)----- Death  
Vista Care----- Hospice  
Vocational Rehab----- Hearing  
Volunteers of America----- Transportation

**W**

Wagoner Area Neighbors----- Food Pantry  
Transportation  
Wagoner Care Center----- Nursing Homes  
Wagoner Community Hospital----- Health, Mental  
Health  
Wagoner County Sr. Citizens----- Senior Organizations  
Wagoner Nutrition Center----- Nutrition  
Wagoner Residential Care----- Residential Care  
Wainwright Community Center----- Nutrition  
Washington Regional Medical Center----- Mental Health  
Warner Community Center----- Nutrition  
Watts Senior Center----- Nutrition  
Weather Coalition----- Utilities  
WE Care Transportation----- Transportation  
Wellington Hills----- Housing  
Wellington Hills Nursing Homes----- Nursing Homes  
Westview Apts.----- Housing  
Westville Community Center----- Nutrition  
Wilma Mankiller Indian Clinic----- Health  
Wind Trail Apts.----- Housing

Wisdom Keepers----- Housing

W.W. Hastings Hospital----- Health

## **X , Y, Z**

York Manor----- Nursing Homes

Yorkshire Retirement Village/Sr. Duplexes----- Housing





*Oklahoma Legislatures*  
*EODD Service Area*  
*2010 – 2011*

*Governor*

**Henry, Brad (D)**  
2300 N Lincoln Blvd.  
Room 212  
Oklahoma City, OK 73105  
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*US Senate*

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172 Russell Senate Office Bldg.  
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*US Representatives*

**Boren, Daniel (D)**  
431 W. Broadway  
Muskogee, OK 74401  
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**District 002**

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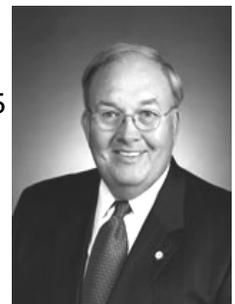
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**District 98**



## **CORRECTIONS**

Please contact EODD Area Agency on Aging to report  
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