

Reminder - All Health Plans

- ◆ Review your plan's 2015 formulary, excluded medications list, and any prior authorization or quantity limit lists by visiting the plan's website.

Reminder

To complete your HealthChoice tobacco-free Attestation, log on to HealthConnect at <https://gateway.sib.ok.gov/Attestation>. The Attestation is open from Aug. 1, 2014, through Nov. 14, 2014, and is required for all members who are tobacco-free starting their second plan year on the HealthChoice High or Basic Plan (first plan year is waived). If you cannot complete the tobacco-free Attestation because you or your covered dependents are not tobacco-free, you can still qualify for the HealthChoice High or Basic Plan if you can provide one of the following Reasonable Alternatives:

- ◆ Show proof of an attempt to quit using tobacco by enrolling in the quit tobacco program available through the Oklahoma Tobacco Helpline and Alere Wellbeing AND completing three coaching calls by Nov. 14, 2014; or
- ◆ Provide a letter from your doctor by Nov. 14, 2014, indicating it is not medically advisable for you or your covered dependents to quit tobacco.

If you do not complete the tobacco-free Attestation or complete one of the Reasonable Alternatives as defined above, you will automatically be enrolled in the HealthChoice High Alternative or Basic Alternative Plan, and your annual deductible will be \$250 higher. For more information on tobacco cessation products and resources to help you quit, go to http://www.ok.gov/sib/Tobacco_Free.html.