

Children First

A voluntary family support program at the health department that, through home visitation, offers services to mothers expecting their first child. After enrollment, a public health nurse works with the mother to increase her chances of delivering a healthy baby. The mother is also educated about child safety and child development and the nurse can connect the mother to other services in her community such as childcare, housing and job/educational programs.

Preparing for a Lifetime

This is a website provided by the Oklahoma State Department of Health. It offers education and resources on issues such as breastfeeding, premature birth, depression after pregnancy, smoking and pregnancy, and safe sleep for the baby, to name a few.

Start Right Programs

This program is through the Oklahoma State Department of Health. These home visitation and community-based services provide parent education, help improve parenting skills, and offer parent support groups to connect families with each other and community resources. Services include:

- Child development evaluations
- Referrals to community resources such as job training and child care
- Transportation to and from necessary appointments

Treatment

The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) contracts with nine facilities that provide residential substance abuse services to women. Of those, five provide residential substance abuse services to women with children allowing their children to be with them during treatment. Most all of these facilities maintain a waiting list on a regular basis. There are also three halfway house treatment